

## Backpack School 2021 Virtual Class Syllabus

<u>Session</u>	<u>Date</u>	<u>Topic(s)</u>
Class 1	3/25	Introduction, 13 Essentials
Class 2	4/1	Footwear, Clothing
Class 3	4/8	Major Equipment (I) Backpacks/Accessories
Class 4	4/15	Major Equipment (II)      Tents, Sleeping Bags, Pads
Class 5	4/22	Outdoor Etiquette (LNT)
Class 6	4/29	Weather, Water Purification
Class 7	5/6	Basic Map & GPS Navigation
Class 8	5/13	Nutrition, Food Preparation & Planning
Class 9	5/20	Effective Packing, Food Security
Class 10	5/27	First Aid/Wellness & Safety
Class 11	6/3	Bear Spray (Defense)      Personal Locator Beacon
Class 12	6/10	Hiking Apps, Trip Planning Course Review/Test

***\*Dates are set. Subjects/Instructors are subject to change***