

2019 Backpack School Class Syllabus

Class Location: Spokane Valley

Class Time: 6:30pm-9:00pm (unless otherwise specified below)

Directors:

Caitlin Stevens

Sharon Yablon

Ryan Yost

Class Schedule:

<u>Session</u>	<u>Date</u>	<u>Topics</u>
Indoor Class I	3/29/19	13 essential, Personal Locator Beacons, Bear Spray Use
Indoor Class II	4/5/19	Major equipment, Footwear
Indoor class III	4/12/19	Clothing, weather
Indoor Class IV	4/19/19	Food Preparation/planning, Water purification, Bear Bags
Indoor Class V	4/26/19	Outdoor Etiquette, trip planning
Outdoor Session I and II	4/27-28/19	Overnight backpack with a morning hike (Shakedown)
Indoor Class VI	5/3/19	First Aid
Indoor Class VII	5/10/19	Basic Map and Compass Navigation; GPS navigation
Outdoor Session III	5/11/19 9am (all day)	Map and compass
Indoor Class VIII	5/17/18	Effective Packing, Trip Preparations
May 25-27 th Graduation Backpack		

Graduation Requirement:

- Attend 6 of the 8 indoor classes
 - First Aid and outdoor session III (map and compass) are mandatory
- Complete 3 official club hikes
 - Day hikes are typically held on Wednesday evenings (apr-sept) and Weekends
- Complete at least one two-night or longer backpack with the club
- Participate in one 8 hour (full day) trail work activity
 - Trail work events can be found at www.spokanemountaineers.org, WTA, or other organizations and programs

Questions? Please contact: bpschool@spokanemountaineers.org