

The  
Kinnikinnick  
*Spring 2021*



## SPRING *KINNIKINNICK* DEADLINE: MIDNIGHT MAY 5

- Events are to be entered online and approved by the appropriate committee chair. Deadline is one week before the Kinnikinnick deadline.
- Send items for publication to [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org).
- You should receive the next Kinnikinnick around June 1 2021.

The Kinnikinnick is published four times a year (spring, summer, fall, winter) for the use and enjoyment of Spokane Mountaineers members.

Changes of address should be made at [www.spokanemountaineers.org](http://www.spokanemountaineers.org)  
Spokane Mountaineers, P.O. Box 1013, Spokane, WA 99210 509-838-4974

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Picture of the Week .....	<a href="mailto:picweek@spokanemountaineers.org">picweek@spokanemountaineers.org</a>
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## ADVERTISING IN THE *KINNIKINNICK*

Promote your business with us! Proceeds from advertisements in the *Kinnikinnick* benefit the Spokane Mountaineers. Restrictions may apply. Full-page ad: \$150; half-page ad: \$90; quarter-page ad \$60. 10% discount for yearlong contract. For more information, contact Merideth Jeffries 928-853-4566 or [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org).

## SUBMITTING MATERIALS FOR PUBLICATION

### IN THE *KINNIKINNICK*

We welcome all sorts of items for publication in this bulletin. Trip reports, photos, creative writing, drawings, information on schools or special trips, corrections, historical notes, and more are welcome. Events listed in the calendar are taken directly from the online calendar and are not edited for accuracy, so make sure your events are current and correct. Language used in articles should be appropriate for readers of all ages. The editor reserves the right to decline or edit submissions. Substantive editorial changes are always discussed with contributing authors. Photos should be large and include identifying information as well as the name of the photographer. If you have any questions about the suitability of material for publication, or to submit a piece, contact the editor at [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org). See formatting guidelines elsewhere in this issue.

# IN THIS ISSUE

Letter from the President.....	4
Know Before You Go, Washington's Phased Approach.....	5
Spokane Mountaineers, the Website and our Future, Matt Jeffries.....	7
Key Club Announcements, Jerry Anderson.....	9
Committee Spotlight, Conservation Committee.....	10
Meet a Mountaineer.....	11
Trad Lead School, Brett Barna.....	12
Thirteen Essentials.....	14
Club Voicemail and Style Guidelines.....	15
Events at a Glance.....	16
Calendar of Events.....	17
Officers, Board, and Committee Leaders.....	25

The emblem of the adopted on February 9, the form of a circle diameter, representing symbolic of the



Spokane Mountaineers was 1933 and is described as follows: "In approximately four inches in the woodman's compass and completeness of nature, the

emblem shall have an outer margin of forest green, carrying the name 'Spokane Mountaineers' in white block letters, thus utilizing the Association's colors, green and white. Within the margin, a white field shall carry in the background the outline of a mountain, in the foreground shall be a spray of kinnikinnick, with green leaves and red berries. There shall be a blazing sun above the mountain, bringing in the name 'Spokane' in its Indian interpretation, and symbolizing the Mountaineer's love for the out-of-doors. To symbolize and include the year-round activities of the organization, there shall be inserted in the white border, a brown ice axe and ski pole crossed on the right, a pair of skis on the left."



*Photo credit, Jodi Benson*

## Letter from the President

Greetings everyone! Over the holidays one of our board members, Jerry, was lamenting that it's hard for us to gather these days and would love to know more about what is going on in between the quarterly Kinnikinnick. I couldn't agree more with him. To fill in the gaps, Jerry Anderson, had the idea of starting a monthly newsletter.

Since this is a new muscle for us, it may not be exactly every month and we may play around with emailing it in the future, but for now, we will post it right here in the member portal. Two things are at the top of my mind right now in the new year. First is life during the COVID-19 era. It's ever-changing, but I have been so proud of our school directors for putting together really thoughtful and innovative plans to keep doing what we all love to do in modified formats. I am looking forward to both great Mountain and Backpack Schools. Second, as many committee leaders and others are aware, we have been investigating an alternative solution to the current website for the last 12 months. The task force has been hard at work and has reported their findings during the monthly leadership meetings many times since August.

I am excited to share that we have decided on a path forward! Stay tuned for more details in the coming months and feel free to reach out to me, the officers or the board with any specific questions.

Please enjoy the rest of the topics below in our first every monthly newsletter. If you would like to be featured, share a rad picture or story for a future newsletter, please reach out to Jerry Anderson at [navoffsf@yahoo.com](mailto:navoffsf@yahoo.com). Enjoy!

Warmest Regards,

Matt Jeffries  
President  
Spokane Mountaineers  
[president@spokanemountaineers.org](mailto:president@spokanemountaineers.org)



## Spokane Mountaineers - Know before you go!

Just like your 13 essentials, your safety during this health pandemic is paramount.

As a 501c (3) incorporated in Washington, all Spokane Mountaineers' events and activities will follow the Washington State advisory levels introduced by Governor Inslee for any activity, travel, and social distancing.

The guidance listed below is the starting point for activities. Trip leaders are empowered to require additional measures or PPE if they feel it is necessary. We are currently in Phase 2.

What does Washington's phased approach mean for the operations of the Spokane Mountaineers?

Phase 1 - Any Spokane Mountaineers' events or activities not able to comply with the state guidelines should be either postponed or cancelled.

**Phase 2** - Spokane Mountaineer activities of 5 or fewer people are permitted at the discretion of the activity leader.

Phase 3 - Activities of less than 50 people can generally proceed at the discretion of the organizer.

Phase 4 - Back to adventures!

Please follow the guidelines on the following page as a supplement to Washington's overall approach (below). Additionally, please respect the regional and local closures across the northwest, including any conditional use requirements of the areas at which you are hoping to recreate.

# WASHINGTON'S PHASED APPROACH

## Modifying Physical Distancing Measures as we Reopen the State

**INDIVIDUALS AND BUSINESSES SHOULD FOLLOW ALL REQUIREMENTS LISTED ABOVE DURING ALL PHASES**

	Phase 1	Phase 2	Phase 3	Phase 4
<b>High-Risk Populations*</b>	Continue to Stay Home, Stay Healthy	Continue to Stay Home, Stay Healthy	Continue to Stay Home, Stay Healthy	Resume public interactions, with physical distancing
<b>Recreation</b>	Some outdoor recreation (hunting, fishing, golf, boating, hiking)	Outdoor recreation involving 5 or fewer people outside your household (camping, beaches, etc.)	<ul style="list-style-type: none"> <li>- Outdoor group recreational sports activities (50 or fewer people)</li> <li>- Recreational facilities at &lt;50% capacity</li> <li>- Professional sports without audience participation (horseshoeing, baseball, etc.)</li> </ul>	Resume all recreational activity
<b>Gatherings (social, spiritual)</b>	<ul style="list-style-type: none"> <li>- None</li> <li>- Drive-in spiritual service with one household per vehicle</li> </ul>	Gather with no more than 5 people outside your household per week	Allow gatherings with no more than 50 people	Allow gatherings with >50 people
<b>Travel</b>	Essential travel and limited non-essential travel for Phase 1 permissible activities	Essential travel and limited non-essential travel for Phase 1 & II permissible activities	Resume non-essential travel	Continue non-essential travel
<b>Business/ Employers</b>	<ul style="list-style-type: none"> <li>- Essential businesses open</li> <li>- Existing construction that meets building code criteria</li> <li>- Landscaping</li> <li>- Auto/IN/Boat/OTV sales</li> <li>- Retail (curb-side pick-up orders only)</li> <li>- Car washes</li> <li>- Pet walkers</li> </ul>	<ul style="list-style-type: none"> <li>- Remaining manufacturing</li> <li>- Additional construction phases</li> <li>- In-home domestic services (e.g., cleaning, housekeeping)</li> <li>- Retail (in-store purchases allowed with restrictions)</li> <li>- Real estate</li> <li>- Professional services/office-based businesses (network remains strongly encouraged)</li> <li>- Hair and nail salons/barbers</li> <li>- Pet grooming</li> <li>- Restaurants/venues &lt;50% capacity (table size no larger than 2, no bar-area seating)</li> </ul>	<ul style="list-style-type: none"> <li>- Restaurants/venues &lt;75% capacity/limited bar areas (no more than 10 &lt;25% capacity)</li> <li>- Bar areas in restaurant/venues at &lt;25% capacity</li> <li>- Movie theaters at &lt;50% capacity</li> <li>- Customer-facing government services</li> <li>- Network remains strongly encouraged)</li> <li>- Museums</li> <li>- All other business activities not yet listed except for nightclubs and events with greater than 50 people</li> </ul>	<ul style="list-style-type: none"> <li>- Nightclubs</li> <li>- Concert venues</li> <li>- Large sporting events</li> <li>- Resume unrestricted staffing of workites, but continue to practice physical distancing and good hygiene</li> </ul>

# Spokane Mountaineers, the website and our future

Submitted by Matt Jeffries

It's time for some honest conversation about the Mountaineers. The organization is at its best when all of its members are getting outside, connecting with other members, and growing in their outdoor craft. The memories we make outdoors together are what make this club special.

As the leadership looks at ways to help you get outside, even more, we need to have some honest talk about the current website. Frankly put, the experience is rough at best. Although it does allow for some necessary login actions and event searches, it is not intuitive to use or makes it easy to find people to go outside with. We, the leadership, recognize this.

About a year ago, the leadership formed a cross-functional special committee of leaders across E-comm, officers, and committees, with professional IT experience and in-depth knowledge of the operations of the Mountaineers to do some heavy lifting around addressing this problem with a particular focus on:

1. Identifying and documenting the critical business requirements we have not just for a website but also for the technology needed to run the club's back end.
2. Conduct a comprehensive analysis of technology vendors and those who support the business needs of our organization.

From March through November of 2021, this committee met weekly and spent hundreds of hours answering these questions. The special committee also frequently reported back to the Directors/leaders at the monthly leadership meeting throughout this time. Just a part of the summary of findings include that we need to have four critical capabilities as an organization:

- A public-facing website where anyone can find us AND quickly sign up to be a member
- An easy to use back-end database for simple, efficient club administration (yep- its pretty manual today)
- A simple and easy way for anyone to create or find events
- A simple way for members to connect and collaborate within our community

In the December Leadership meeting, the above findings were detailed along with the review process of available technologies. The special committee then made its recommendation to the Board for a path forward.

Based on this work, the Board of Directors voted unanimously in the January leadership meeting to fund this project from the organization's reserves. It ratified the special committee to select required vendors/services to rebuild the current web experience.

Starting now, the special committee has moved forward with licensing new technology for the Mountaineers to use and is just beginning the development of a new member experience portal. The special committee hopes to have the new experience up and running by mid to late summer (weather permitting ;-)).

What does this mean for you? Once the new member experience is live, you should be able to do things like:

- Quickly sign up or renew your membership with or without needing Paypal.
- Quickly see what events are coming up and how to get involved.
- Find, connect and collaborate with other members, committees, and leadership within the club.
- Easily create new events.
- And be able to do all of this and more straight from your computer or on your mobile device.

As we get closer to the launch, be on the lookout for more communications and some how-to resources so you can get a fast start in the new experience.

Regards,

Matt Jeffries, President  
Brian Hoots, E-Comm Chair

## Key Club Announcements

### 1.) **Membership Renewal in 2021 from the Membership Committee.**

When you renew your membership with the Spokane Mountaineers, currently, the only complete online checkout and payment process available is using a PayPal account.

If you wish to pay with credit card or check, please continue the renewal check out process and when you get to the PayPal site, select "Cancel and return to Spokane Mountaineers." It will cancel the payment but maintain your account information for us to activate. Then send an email to [membership@spokanemountaineers.org](mailto:membership@spokanemountaineers.org) and we can issue you a PayPal invoice to your email that can be paid by credit card checkout on PayPal. We can combine multiple renewals on a single invoice but be clear.

If you wish to pay by check, send completed membership application to PO Box 1013, Spokane, WA 99201-1013. Please be sure to include the email account you are paying to renew or activate.

### 2.) **Call for an interim editor!**

Our current editor of the Kinnikinnick, Merideth Jeffries will be taking Maternity leave for the next two Kinni issues for summer and fall. If you have experience with layout (or want to learn) and editing experience, contact Merideth Jeffries. Email [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org) PH: 928-853-4566

### 3.) **Consign with a Cause!**

Do you have old gear gathering dust, perfect for someone who is just getting started? Take it down to Rambleraven Gear Trader on Division, drop off and tell them it's for the Spokane Mountaineers program. Rambleraven will sell it off and give the proceeds to the Spokane Mountaineers!



- 4.) Over the past several months, the E-Comm committee has led an initiative to update the Spokane Mountaineers website. The core group (Brian Hoots, Samantha Journot and Jeff Mergler), along with President Matt Jeffries, have worked tirelessly to review over 50 companies and technologies. The goal is to develop a more useful and elegant tool where all members can find out what is going on with the club and participate in events and also be easily reachable by the general public.

This group presented their findings to the board in December to include the final three that made the shortlist. Feedback was solicited to club board members and officers throughout December. After a lively discussion at the January Board Meeting, the vote on the recommendations by this ad hoc committee was passed unanimously with one trustee abstaining. A final review of the final three proposals has led to the platform and integration partner being chosen and contracts signed for the work to begin in February. We will be highlighting some of the updates on the project and improvements that are on the list in a future edition.

### 5.) **Outdoor Partner Events**

One big accomplishment for the conservation committee and club was helping complete the Phillips Creek or "Flying L" trail in the Glenrose unit of the Dishman Hills Conservation area. We partnered with Spokane County and many other organizations to accomplish this huge project. Lynn Smith, the trail work coordinator, was able to accomplish this by using experienced volunteers with their own tools, who worked independently and socially distanced from one another, with staggered shifts throughout the summer of 2020. With creativity, we are able to adapt to the challenging circumstances of the pandemic and help out with community conservation efforts.

## Committee Spotlight: The Conservation Committee



Did you know the mountaineers maintain active conservation efforts every year? Not only that, but the Conservation Committee has been around since 1955! We partner with and support all kinds of conservation organizations that work towards protecting the outdoors.

Since many of our committee members are actively involved with local conservation organizations, either as an employee or board member or regular volunteer, we often have the inside scoop about conservation needs and opportunities in the area. For instance, we recently learned about a change in road use status in Colville National Forest from a committee member who is an active member of the Tri-County Forest working group in that area. We contribute to land conservation efforts, and support wilderness designations. We write letters of support for conservation policies and proposed recreation projects. We partner with the U.S. Forest Service, Bureau of Land Management, Washington State Parks, Spokane County, and other partners to build new trails and maintain existing ones. We partner with organizations like Spokane Riverkeeper and Yellowstone to Yukon Conservation Initiative to organize clean-up or planting events; and participate in informational hikes with organizations, such as the Kalispel Tribe Natural Resources Department, to learn more about conservation and recreation projects in an area. We keep committee members in the loop about important conservation-related news and events that are occurring in the area. Finally, we donate to conservation organizations so they are supported in their own efforts.

Currently, we are exhibiting caution about planning conservation events, due to the pandemic. But hopefully, we'll be able to get back to planning new conservation initiatives as soon as possible. Due to our new status as a 501(c)(3) organization, we are now able to fundraise for a conservation-cause of our choice, so that will be an exciting new direction for the committee. We also have new trail work projects on the horizon and have conservation-themed speakers lined up to present at our General Member Meetings.

## Meet a Mountaineer: Gina Claeys

In our new monthly newsletter, we will be running a spotlight on members and committees! This first month, since we are featuring the Conservation Committee, our Spokane Mountaineer featured is the Chair of that Committee, Gina Claeys. She is originally from Ann Arbor, MI and bounced around a bit before settling in Spokane about 5 years ago.

Gina currently works for the City of Spokane Solid Waste Department as a Recycling Outreach Assistant. It is a temporary position, and Gina hopes to start her own business in wildlife consulting in the near future.

Her family lives mostly in Michigan and Indiana, but she has a sister who lives in Seattle. Her main passions in life are wildlife, nature, and outdoor activities. For outdoor activities, she is partial to climbing, hiking, skiing, SUPing, and rafting! She joined the Spokane Mountaineers shortly after moving to Spokane in the spring of 2016 and participated somewhat sporadically in Mountaineers events before joining the Conservation Committee in 2019 before becoming Chair in August of 2019. She was just beginning to fully explore the role when the pandemic hit yet has been very active in her short tenure. She looks forward to being able to bring her ideas to fruition and watch the committee grow and evolve!



# Trad Lead School

Submitted by Brett Barna



*Cathedral Peak 2016, Climber John Bergeleen, Photo Credit: Andrew Opila*

Have you been trying out sport leading in the gym and getting an itch to take it outside? Are you getting tired of the same old top-rope routes at Minnehaha or Post Falls, and want to go climb longer routes in the wilderness? Are you ready to go beyond the crag?

This course is designed for those who have taken Rock School or Mountain School and have experience with sport leading in the gym or outside. The focus of this course will be an introduction to Traditional, (trad climbing) which focuses on the skills needed to ascend vertical rock while placing and removing protection. Topics will include, but not be limited to, traditional gear use and placements, multi-pitch climbing and efficiency, and building trad anchors.

**School Director** - Brett Barna, [brettjbarna@gmail.com](mailto:brettjbarna@gmail.com)  
**School Assistant Directors** - Dean Margell

## **Dates/Times/Locations**

Indoor - Wednesday, June 2, 6-8pm, Location Q'emiln Park, Post Falls, ID

Outdoor - Saturday/Sunday, June 5/6, 8am-4pm, Spokane Area Crag

Outdoor - Saturday/Sunday, June 12/13, Leavenworth Area or Equivalent

**Cost** - \$125

## Requirements

This is not a basic or introductory climbing course. A certain level of rock-climbing proficiency is expected. If you are lacking in any of the areas outlined below, start working now so you are ready for the course. Contact the course directors with any questions.

Participants must:

- Have successfully completed Rock School, Mountain School, or equivalent
- Be in good physical condition
- Have experience sport leading in the gym or outside in the last year
- Be able to comfortably mock lead a climb rated 5.8 without a "take" or fall
- Be proficient with the following knots & hitches: rewoven figure 8, figure 8 on a bite, clove hitch, munter hitch, bowline, water knot, girth hitch, overhand
- Be able to efficiently and safely rappel using an auto block for back up
- Feel very comfortable with all aspects of Top Rope Climbing. This includes:
  - Tying into the Rope
  - Belaying
  - Communication
  - Building a SERENE/ERNEST Top Rope Anchor on bolts and natural anchors

To Apply

Applications are available at [spokanemountaineers.org](http://spokanemountaineers.org) and will be accepted through Sunday, May 20, 2021. Accepted applicants will be notified the following week. Participants must be 18 or older. Participant number is limited. All participants must be members of the Spokane Mountaineers. [Join now](http://spokanemountaineers.org) by visiting [Spokanemountaineers.org](http://Spokanemountaineers.org) if you are not already a member!

Selection criteria considered will include, but not be limited to, date application was submitted, climbing experience, and previous participation with the Spokane Mountaineers.

## THIRTEEN (OR MORE) ESSENTIALS

These are the selections of essential outdoor gear, which the Spokane Mountaineers refer to as the Thirteen Essentials and promote as critical and essential items, which belong in your pack as insurance against the unexpected. Although you may not use all the essentials every day, they can be lifesavers in an emergency.

Never forget the ultimate essential not on the list—COMMON SENSE.

And consider Jason Luthy's recommendation for a 14th essential—compassion.

1. EXTRA FOOD & WATER: Emergency packet of high-energy food and minimum of one quart of water
2. EXTRA CLOTHING
3. MATCHES in a waterproof container with striker
4. FIRE STARTER: candle or other commercial starter
5. MAP: topographic map of current area
6. COMPASS with 2° markings and base plate
7. HEADLAMP or flashlight with extra bulb and batteries
8. SIGNALING DEVICE: whistle and/or mirror
9. POCKET KNIFE
10. EMERGENCY SHELTER: tarp, space blanket, or bivy
11. FIRST AID KIT
12. TOILET PAPER & TROWEL
13. SUN PROTECTION: Sunglasses with 98-100% UV protection, sunscreen with 15+SPF, lip balm

ARE YOU MISSING FROM THE PICTURE? DID YOU GET YOUR **KINNIKINNICK**?  
SOMETHING AMISS?

If you need help, first check the FAQ on our web page: [www.spokanemountaineers.org](http://www.spokanemountaineers.org), then contact the following individuals:

- Login problems: [ecomm\\_chair@spokanemountaineers.org](mailto:ecomm_chair@spokanemountaineers.org)
- No *Kinnikinnick*, or multiple copies: [membership@spokanemountaineers.org](mailto:membership@spokanemountaineers.org)
- Committee list changes (back of this book): [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org)

For other problems, try a leader of the activity in question, a board member, or an officer (see inside cover or back pages). We will get your problem solved or your question answered!

## CLUB VOICEMAIL

The club phone number is 509-838-4974. When you connect, you will be given options to leave a message in one of the committee voicemail boxes. These messages will then be forwarded to the appropriate chairperson or person responsible for these areas. We do not have mailboxes for all committees at this time, so when in doubt, use the general mailbox and it will be recorded and routed as needed. An extension number can be pressed at any time to bypass the message.

If you do not choose an extension, the message will be left in the general voice mailbox. To leave a message, choose from the following:

General mailbox or if you are not sure who should receive the message ....	Press 0
Membership .....	Press 1
Centennial Celebration and Historian.....	Press 2
Club President and Officers.....	Press 3
Chalet.....	Press 4
Conservation .....	Press 5
Climbing .....	Press 6
Hiking.....	Press 7
Mountain Biking .....	Press 8
Skiing .....	Press 9

## STYLE GUIDELINES FOR *KINNIKINNICK* SUBMISSIONS

Files may be submitted in any form, but editable Word documents are preferred. Photos should be large format (do not compress for sending), color or black and white, and sent as separate files (not embedded in text) or downloadable links. Please limit trip reports to no more than 2,000 words unless specified by the editor. If you are submitting print-ready files, use these parameters:

- Page size 5.5"x 8.5";
- Half-inch margins all sides
- Font = Corbel 8.5-pt regular for text, Corbel 12-pt bold for titles, Corbel 10-pt regular for "submitted by" and Corbel 8-pt italic for picture captions.
- Page numbers will be inserted into your text as needed. If you have any questions, please do not hesitate to contact the editor at [editorial@spokanemountaineers.org](mailto:editorial@spokanemountaineers.org). The editor can work with most file types and assist with formatting

## Events at a Glance

### BACKPACK

Final Backpack school instructor's meeting	Thurs	March 11
Wenaha River Trail Work	Thurs	March 25
Two Mouth Lakes	Sat	Sep 25

### CLUB-WIDE

Monthly Board and Leadership Meeting	Mon	March 1
Monthly Board and Leadership Meeting	Mon	April 3
Monthly Board and Leadership Meeting	Mon	May 3

### HIKE/SNOWSHOE

State Line Ridge Snowshoe	Sun	March 28
Big Bend Wildlife	Sat	April 17
Petrified Canyon	Sat	May 1
Douglas and Duffy Canyons	Sun	May 16

### ROAD BIKE

Centennial Trail Ride	Tues	April 6
Road Bike	Tue	April 13
Children of the Sun Trail	Tues	April 20
Ina's and Stacey's Surprise	Tues	April 27
South Hill Ramble	Tues	May 4
Harvard Trailhead/Post Falls	Tues	May 25
Lakes West	Tues	May 25
Palisides Park Ride	Tues	June 1
Liberty Lake/Saltese Flats	Tues	June 8
Medical Lake Road Tour	Tues	June 15
Cheney Williams Lake Loop	Tues	June 22
Riverside State Park Loop backwards	Tues	June 29
Saturday 50-Mile Ride	Sat	July 10
Road Bike Green Bluff	Tues	Sep 14

## Calendar of Events

**EVENT:** Final BPS 2021 Instructors Meeting

**DATE:** March 11, 2021

**TIME:** 07:00 PM - 08:00 PM

**TYPE:** Backpack School

**DAY:** Thursday

**COST:** Free

**MEET:** Home Sweet Home

**LEADER(S):** Michael Pinter (509) 590-6502

Finalize teaching responsibilities, schedule, class format, etc. Practice with Zoom, for those who would like. Discuss Phase Two.

**EVENT:** Wenaha River Trailwork

**DATE:** March 25, 2021

**TIME:** 05:00 AM - 10:00 PM

**TYPE:** Hiking - Backpacks

**DAY:** Thursday

**COST:** Free

**MEET:**

**LEADER(S):** Lynn Smith 208-772-4337, Holly Weiler 509-921-8928

This is the annual Mountaineers service project on the Wenaha River Trail within the Wenaha-Tucannon Wilderness and the kick-off to the 2021 backpack season! We will meet at the Troy TH on Thursday morning (time TBD once crew list is finalized) and hike in on the Wenaha River Trail. We'll address maintenance needs as we hike in, with the main goal of focusing on the section of trail once we enter the Wilderness at the 5-mile mark. We typically set up a basecamp at the Crooked Creek trail junction, at roughly mile 6, and continue each day by working farther up the drainage. If water level allows, we may cross Crooked Creek to work on the Wenaha River Trail. Due to current Covid-19 restrictions, our crew size is limited to 5 total participants at this time. IF group size restrictions change before this trip takes place, we can accommodate additional participants up to the Wilderness group size limit of 12 (please reach out to be added to the waitlist in the event the trip reaches capacity at 5). Each participant will need to be comfortable being self-supported (no carpooling at this time, no sharing of gear, and no tool sharing), including everything needed for both backpacking and trailwork. Tools can be supplied by the crew leaders (sanitized and passed out at the TH) or participants are encouraged to bring their own tools if they have them. Participants should bring facemasks and hand sanitizer, although we intend to maintain 6' distancing at all times. Typically trail work tasks include brushing work, log-out (we'll do single-buck crosscut work due to Covid-19 and social distancing), tread work and drainage work. Please reach out to the crew leaders if you have questions about the nature of this trip or your readiness to join in on the fun!

**EVENT:** State Line Ridge Snowshoe  
**DATE:** March 28, 2021  
**TIME:** 07:40 AM - 05:00 PM

**TYPE:** Hiking  
**DAY:** Sunday  
**COST:** Free

**MEET:**

**LEADER(S):** Chic Burge 208-659-8183

In 2020 when the ski areas closed, I found this great ridge line to snowshoe. We will meet at the Willow Creek Road and the I-90 Willow Creek overpass at 7:40am sharp. From here, it is about a mile to the trailhead. Then about .3 of a mile to the logging road turn off. There are 5 relatively easy switchbacks, and about .5 miles on a road until we go off road and jump up into the shaft of the arrow. Once in the arrow, we will head to the point of the arrow, where we will have a snack before setting out up through the woods, until we break out onto the State Line Ridge. Our lunch spot will be about a mile out on the ridge line. This snowshoe is about 8 miles RT, with about 2800 verts. Because I want to lead this snowshoe on a sunny Sunday, I will postpone until conditions are ideal. Please join online, then CALL ME AT 208.659.8183. Log onto inlandnwroutes.com for more info and images. And check pictures on this write up.

**EVENT:** Centennial Trail Ride  
**DATE:** April 6, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Mirabeau Park

**LEADER(S):** Martin Ward 509-991-1221

A nice flat ride to start off our season. Meet at the Mirabeau parking lot across from the waterfall.

**EVENT:** Bike Ride  
**DATE:** April 13, 2021  
**TIME:** 06:00 PM - 09:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Fish Lake Trailhead

**LEADER(S):** Galen Chamberlain 509-230-1372

Meet at Fish Lake TH off Sunset Highway at 6:00 pm. Easy ride, paved trail, 18 miles RT. Galen Rain cancels!

**EVENT:** Big Bend Wildlife Area  
**DATE:** April 17, 2021  
**TIME:** 08:00 AM - 05:00 PM

**TYPE:** Day Hike  
**DAY:** Saturday  
**COST:** Free

**MEET:** Rd 32 Rex, Grand Coulee, WA, USA

**LEADER(S):** Tyler Nyman 509-270-8236

Meet at 8 AM at the Safeway in Davenport. We will drive approximately 1 hour 15 minutes to the parking area northwest of Grand Coulee. This hike features big views to the north, across the Columbia River to the Okanogan Highlands. Along the way, we will pass seasonal ponds, basalt cliffs and many erratic boulders left behind from the last ice age. The tread will be a mix of game and cattle trails, old roadbeds, and off trail rambling. For the most part, the terrain consists of gentle grades over rolling hills, but there will also be steep and rocky slopes that require strong ankles and good balance. Please come prepared with sturdy footwear and hiking poles. A Discover Pass is required for parking. Round trip distance will be approximately 12.5 miles with 2600' elevation gain. See "Documents" for a topographic map of the hike. Contact Tyler Nyman (509-270-8236) for more information. Please note: the Spokane Mountaineers are following current COVID 19 guidelines. At the time of posting, the plan will be to drive separate vehicles and practice social distancing during the hike. The group size will be limited to 5 participants plus the activity leader. These parameters are subject to change in the future.

**EVENT:** Children of the Sun Trail

**DATE:** April 20, 2021

**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike

**DAY:** Tuesday

**COST:** Free

**MEET:**

**LEADER(S):** Ina Ward 509-276-8158, Club Road Bike CoChair1 509-991-1221

1st ride of the year. Meet at Windermere mall McDonalds at 6pm. Ride to the end and back for a 15-mile round trip.

**EVENT:** Ina and Stacey's Surprise

**DATE:** April 27, 2021

**TIME:** 06:00 PM - 09:00 PM

**TYPE:** Road Bike

**DAY:** Tuesday

**COST:** Free

**MEET:**

**LEADER(S):** Dave Sorg 509-868-5984

Ina and Stacey will surprise us with the final plan when we arrive but the general idea is to meet at the West Center Community Center at 1603 N. Belt Street at 6:00 pm then connect up with the Centennial Trail. From there we'll head west, down to the bridge over Latah Creek, to cross over to People Park. After that, ... who knows?? If you have any questions, call Stacey at 509-868-5984.

**EVENT:** Petrified Canyon

**DATE:** May 1, 2021

**TIME:** 09:00 AM - 06:00 PM

**TYPE:** Day Hike

**DAY:** Saturday

**COST:** Free

**MEET:** Hungate Canyon BLM Trailhead, Palisades, WA, USA

**LEADER(S):** Tyler Nyman 509-270-8236

Meet at 9 AM at the Shell station off of exit 151 in George, WA. We will drive another 40 minutes to the Hungate Canyon trailhead near Palisades. The trail begins in Moses Coulee and crosses private property to the mouth of Hungate Canyon. From there, we will be on

BLM land and will be free to leave the trail. We will continue a bit further upstream past a trickling waterfall, then head steeply uphill to the north, gaining the eastern rim of Moses Coulee. Throughout this hike, we will be crossing steep, rocky, and rugged terrain as we climb over hills and pass through deep canyons. Petrified wood can be found within the canyons throughout this area. We will continue north to point 2732', where we will have views of Moses Coulee and the eastern edge of the Cascades. This hike should be considered strenuous and is best suited for physically fit individuals who are comfortable with off trail hiking. Round trip distance is approximately 10.5 miles with 4200' elevation gain. Contact Tyler Nyman (509)270-8236 for more information. Please note: the Spokane Mountaineers are following current COVID 19 guidelines. At the time of posting, the plan will be to drive separate vehicles and practice social distancing during the hike. The group size will be limited to 5 participants plus the activity leader. These parameters are subject to change in the future.

**EVENT:** South Hill Ramble  
**DATE:** May 4, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Moran Prairie Elementry School

**LEADER(S):** Denise Beardslee 509-981-4123, Club Road Bike CoChair 509-991-1221  
Our Tuesday night ride begins at Moran Prairie Elementry School and heads out on the Palouse. Then out and around backroads. It will be fun! Horrible weather cancels.

**EVENT:** Harvard Trailhead / Post Falls  
**DATE:** May 11, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Harvard Trailhead

**LEADER(S):** Dan Robisch 208-651-2016  
Meet at Harvard Trailhead of the Centennial Trail, ride to Post Falls on the hilly Riverside Drive and return on the flat Centennial Trail. Bring your dinner and lawn chair for a tailgate dinner afterward at our vehicles. Social Distancing REQD. Must call to reserve your spot. Leader: Dan Robisch - 208.651.2016 Length: Approx. 18.5 miles. Moderate 12-16 mi/hr. Level: Intermediate

**EVENT:** Douglas and Duffy Canyons  
**DATE:** May 16, 2021  
**TIME:** 07:00 AM - 05:00 PM

**TYPE:** Day Hike  
**DAY:** Sunday  
**COST:** Free

**MEET:** Slack Canyon Road Southwest, Palisades, WA, USA

**LEADER(S):** Tyler Nyman 509-270-8236

We will car camp Saturday night at the Douglas Creek trailhead on Slack Canyon Road, about 3 hours west of Spokane. Sunday, we will hit the trail at 7 AM. This hike begins along an old railroad bed that cuts through Douglas Canyon. The creek is one of a few within the region that flows year-round, and it supports a variety of flora and fauna. We will be required to ford Douglas Creek several times, so come prepared with water shoes or sandals. Once we reach the mouth of Duffy Creek, we will leave the trail and head up the Duffy Canyon. There will be some bushwhacking in the beginning, then sidehill hiking up canyon using deer and cattle trails. Be aware that we will hike along some steep and narrow ledges higher up in the canyon. This hike is not recommended for those with a fear of heights. We will continue the loop through rolling upland prairie, where there should be a good wildflower display. If we're feeling strong, we have the option to summit Moses Stool, the easternmost summit of Badger Mountain, which offers amazing views in all directions. We will return to the Douglas Creek trail by descending a steep and rocky ridge that takes us to the bottom of the canyon. Round trip distance will be between 10 and 12 miles with 2400' to 3300' elevation gain. This hike should be considered strenuous and is best suited for physically fit individuals who are comfortable with off trail hiking. Contact Tyler Nyman (509-270-8236) for more information. Please note: the Spokane Mountaineers are following current COVID 19 guidelines. At the time of posting, the plan will be to drive separate vehicles and practice social distancing during the hike. The group size will be limited to 5 participants plus the activity leader. These parameters are subject to change in the future.

**EVENT:** Pavilion Park to Falls Park  
**DATE:** May 18, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:**

**LEADER(S):** Dave Sorg 509-868-5984

Meet at Pavilion Park in Liberty Lake, 727 N. Molter Rd at 6:00 PM. We'll pick up the Liberty Lake State Line trail and then the Centennial trail to Spokane Street in Post Falls where we'll swing by Falls Park where the dam is near the Avista Islands. On the return trip, we'll take the Centennial Trail all the way to the Harvard trailhead then south to Liberty Lake and back to Pavilion Park via surface streets. Round trip is approximately 20 miles and it's pretty flat all the way. We'll insist on whatever social distancing precautions are being recommended at the time. Call Dave at 509-868-5984 if you have questions.

**EVENT:** Lakes West  
**DATE:** May 25, 2021  
**TIME:** 06:00 PM - 08:30 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Medical Lake

**LEADER(S):** Lee Windham 509-244-6244

Starting at Denney's Harvest Foods we'll go around Medical Lake past Lakeland Village around Clear Lake, then back into ML and east past Silver Lake into Four Lakes, past Willow-Granite-Silver Lakes and back into ML and finish. About 23.5 miles. Questions? Lee 509-991-1019

**EVENT:** Palisades Park ride  
**DATE:** June 1, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Palisades Park, Spokane, WA, USA

**LEADER(S):** Martin Ward 509-991-1221, Club Road Bike CoChair 509-991-1221

Meet at the parking area at the corner of Greenwood Dr. and Rimrock Dr. A 17 mi figure 8. We will pass through Finch Arboretum, Fish Lake Trail, then take a break at the waterfall in Palisades Park before returning to the start.

**EVENT:** Liberty Lake / Saltese Flats  
**DATE:** June 8, 2021  
**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Liberty Lake, WA, USA

**LEADER(S):** Dan Robisch 208-651-2016

Meet in Liberty Lake parking lot between Starbucks and Walgreens. Ride the back roads south from Liberty Lake and then return via Saltese Flats. This ride starts with a long steep climb (20-25 mins), then drops down on winding roads to Saltese Flats. Length is only 13.5 miles, but it is a great workout. Bring your dinner and lawn chair for a tailgate dinner afterward at our vehicles. Social Distancing REQD. Must call to reserve your spot. Leader: Dan Robisch - 208.651.2016 Length: Approx. 13.5 miles. Moderate 12-16 mi/hr. Level: Intermediate.

**EVENT:** Medical Lake Road Tour  
**DATE:** June 15, 2021  
**TIME:** 06:00 PM - 08:30 AM

**TYPE:** Road Bike  
**DAY:** Tuesday  
**COST:** Free

**MEET:** Airway Heights

**LEADER(S):** Lee Windham 509-244-6244

Starting at Yokes in Airway Heights head out SW to 902 into and around Medical Lake, then west past West Medical Lake and Washington State Veterans Cemetery and Espanola to

Hwy 2 thru Deep Creek then uphill past Spokane Tribe Casino back to the start at Yoke's. For questions contact Lee at 509-991-1019.

**EVENT:** Cheney Williams Lake Loop

**DATE:** June 22, 2021

**TIME:** 06:00 PM - 09:00 PM

**TYPE:** Road Bike

**DAY:** Tuesday

**COST:** Free

**MEET:** Mitchells Harvest Foods 116 W 1st St, Cheney, WA 99004

**LEADER(S):** Bonnie Mandel 404-441-8564

Park in parking lot across the street from Mitchell's Harvest Foods in Cheney. Ride will start promptly at 6pm. 28-mile loop, one short but very steep hill, one moderate but long climb on Mullinix Road. optional tailgate afterwards.

**EVENT:** Riverside State Park Loop Backwards

**DATE:** June 29, 2021

**TIME:** 06:00 PM - 08:00 PM

**TYPE:** Road Bike

**DAY:** Tuesday

**COST:** Free

**MEET:**

**LEADER(S):** Dave Sorg 509-868-5984

Meet at Downriver Park (4440 N. Riverside Park) near the TJ Meenach Bridge and the bottom of Doomsday Hill at 6:00 pm. We usually cross the bridge and do a clockwise loop but just to be perverse we're going counterclockwise this time by going up Downriver Drive first, across the 7-mile bridge and down the west side of the river. Then we'll cross the bridge and back to the parking lot at Downriver Park. Bring food for a tailgate party if you like. We'll insist on whatever social distancing precautions are being recommended at the time. Call Dave at 509-868-5984 if you have questions.

**EVENT:** Saturday 50 Mile Ride

**DATE:** July 10, 2021

**TIME:** 09:00 AM - 03:00 PM

**TYPE:** Road Bike

**DAY:** Saturday

**COST:** Free

**MEET:** Centennial Trail Parking Lot near the YMCA/Center Place

**LEADER(S):** Dave Sorg 509-868-5984

We'll meet at the Centennial Trail parking lot (13501 Mirabeau Pkwy) near the YMCA and Center Place event center at 9:00 am and head west to downtown through Riverfront Park, over TJ Meenach bridge, up to 7-mile road, over that bridge, down through Riverside Park on the east side of the river then back home the way we came. Bring a lunch as there is no real food along the way other than maybe Riverfront Park. This is an advanced ride due to the distance of 50 miles and the fact that we'll tackle Doomsday hill on our return trip so please be sure you are up for it. We will abide by any social distancing recommendations in effect at the time. Call Dave at 509-868-5984 if you have any questions.

**EVENT:** Road Bike Green Bluff

**DATE:** September 14, 2021

**TIME:** 06:00 PM - 09:00 PM

**TYPE:** Road Bike

**DAY:** Tuesday

**COST:** Free

**MEET:** 17827 North Sands Road, Mead, WA, USA

**LEADER(S):** Paul Eichin 509-238-2300

This last Tuesday evening ride of the season will start at Paul Eichin's farm on the top of Green Bluff and travel across the Bluff to watch the sunset. We will return to Paul's farm for a potluck dinner with the main item compliments of the farm. Please call Paul at 509 238-2300 for details and reserve your place at the table.

**EVENT:** Two Mouth Lakes to The Wigwams, backpack

**TYPE:** Hiking - Backpacks

**DATE:** September 25, 2021

**DAY:** Saturday

**TIME:** 07:40 AM - 06:00 PM

**COST:** Free

**MEET:**

**LEADER(S):** Chic Burge 208-659-8183

I rarely lead a backpack, but this event is one of the best in our region. We will meet at the Super 1 in Athol at 7:40am and exchange cars and keys. Then, head to our respective trailheads. One group will go the Two Mouth Lakes Trailhead NW of Bonners Ferry. The other group will drive past Priest Lake to the Wigwams Trailhead. Once at the trailheads, we will hike to an area between the trailheads, and set up camp. In the morning, after breakfast, we will hike to the opposite trailheads and our own cars. That way, we can go about our own way without having to meet up to exchange keys. PLEASE EVERYONE THAT IS DRIVING, PLEASE BRING A SPARE SET OF KEYS. This hike is only about 9 miles one way and is moderately easy. The draw to this backpack is the views and scenery we will see along the way. More information will be available to those who sign up or call me for more info. Please sign up online and then call me at 208.659.8183.

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Glacier Peak on Liberty Cap Trail, Shuwen Wang

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