

The
Kinnikinnick

Spring 2020



SUMMER *KINNIKINNICK* DEADLINE: MIDNIGHT MAY 1

- Events are to be entered online and approved by the appropriate committee chair. Deadline is one week before the Kinnikinnick deadline.
- Send items for publication to editorial@spokanemountaineers.org.
- You should receive the next Kinnikinnick around June 1, 2020.

The Kinnikinnick is published four times a year (spring, summer, fall, winter) for the use and enjoyment of Spokane Mountaineers members. Changes of address should be made at www.spokanemountaineers.org Spokane Mountaineers, P.O. Box 1013, Spokane, WA

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Skiing	ski@spokanemountaineers.org
Social	social@spokanemountaineers.org
Trails.....	trailwork@spokanemountaineers.org

ADVERTISING IN THE *KINNIKINNICK*

Promote your business with us! Proceeds from advertisements in the *Kinnikinnick* benefit the Spokane Mountaineers. Restrictions may apply. Full-page ad: \$150; half-page ad: \$90; quarter-page ad \$60. Ten percent discount for yearlong contract. For more information, contact Merideth Jeffries at 928-853-4566 or editorial@spokanemountaineers.org.

SUBMITTING MATERIALS FOR PUBLICATION IN THE *KINNIKINNICK*

We welcome all sorts of items for publication in this bulletin. Trip reports, photos, creative writing, drawings, information on schools or special trips, corrections, historical notes, and more are welcome. Events listed in the calendar are taken directly from the online calendar and are not edited for accuracy, so make sure your events are current and correct. Language used in articles should be appropriate for readers of all ages. The editor reserves the right to decline or edit submissions. Substantive editorial changes are always discussed with contributing authors. Photos should be large and include identifying information as well as the name of the photographer. If you have any questions about the suitability of material for publication, or to submit a piece, contact the editor at editorial@spokanemountaineers.org. See formatting guidelines elsewhere in this issue.

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The emblem of the Spokane Mountaineers was adopted on February 9, 1933 and is described as follows: *"In the form of a circle approximately four inches in diameter, representing the woodman's compass and symbolic of the completeness of nature, the emblem shall have an outer margin of forest green, carrying the name 'Spokane Mountaineers' in white block letters, thus utilizing*

the Association's colors, green and white. Within the margin, a white field shall carry in the background the outline of a mountain, in the foreground shall be a spray of kinnikinnick, with green leaves and red berries. There shall be a blazing sun above the mountain, bringing in the name 'Spokane' in its Indian interpretation, and symbolizing the Mountaineer's love for the out-of-doors. To symbolize and include the year-round activities of the organization, there shall be inserted in the white border, a brown ice axe and ski pole crossed on the right, a pair of skis on the left."

Message from the President

Submitted by Chuck Huber

Greetings Mountaineers,

As the wind howls past my window today, I'm glad for once that I'm not out there playing—I actually don't mind sitting at my screen and writing. The wind, however, once again reminds me of the blow-downs on many of our favorite trails that this storm and others like it will leave in their wake. Storms that provide all the more opportunities for getting out there in the warm seasons with Lynn Smith, our trail work coordinator to remove the debris. As I get out and hike, it is a great feeling to realize that Spokane Mountaineers put this trail here. I encourage all of our members to pick up that Pulaski and spend a day or two with our crews and experience the fun and fellowship as we maintain the trails that are our abode in the backcountry.

Last November's General Membership meeting was a special one exclusively for our members and was all about our Chalet on Mount Spokane. There was an excellent turnout of nearly 60 members. One of the benefits of membership to our club is ownership of a share of this unique property.

Our historian, Chic Burge, gave a wonderful history of the facility, which drew some colorful comments from a few old-time members, some of whom were there for the early days of the chalet. Our recent assessment of the Chalet's condition was also presented. The maintenance of the chalet will continue to be a primary focus for the Board of Directors in the coming months. We will tend to the immediate needs and plan for the next decades at our favorite second home.

The club's website also continues to be an area of focus for our leadership. Our website is the means of membership management as well as activity scheduling. We've continued to experience difficulties with the functionality of the platform and need to make some changes. We're building a team of volunteers to examine how and when improvements shall be implemented to better meet the needs of the club.

The club also continues the waiting period for our reincorporation from a 501(c) 7 nonprofit into a 501(c) 3 entity. This action will open many doors for funding our educational and community projects and allow us to reach deeper into the community at large.

The Spokane Mountaineers are saddened by the loss of one of our closest partners, Mountain Gear, which closed its doors in February after 37 years of helping provide our members with everything they need to pursue their passions in the outdoors. We heartily thank proprietor and member, Paul Fish, and his staff for their support of our club over the years by providing us a home for our meetings and granting special gear discounts for our educational endeavors.

With the loss of our home for meetings, I am pleased to announce that our third Monday, General Membership meetings will now be held at Zion Lutheran Church in Spokane Valley. The church has an excellent fellowship hall to host our presentations and the staff is happy to welcome us as part of their broader community outreach.

I'm looking forward to my continuing service to the club and its activities. I can't wait to get out there on the trails with you as soon as this wind dies down.

Happy Trails,

Chuck Huber
Club President

Rock School 2020



Rock School is for anyone who wants to climb outdoors (on real rock). You can be a total beginner, an indoor climber who wants to transition to the outdoors, someone with outdoor climbing experience who wants to learn more about knots, gear, anchors, climbing, belaying, rappelling, and safety, or any combination of these skill levels.

Learn how to smear, mantle, stem, chimney, and much more. Learn to set up and evaluate the quality of your own top-rope anchors and those of your fellow climbers. Learn how to evaluate and create anchors using natural features, and how to be efficient with rope management. We do all this as a team in a fun, supportive, and encouraging environment.

Minimum age is 15. There is no maximum age (really!). Students between the ages of 14 and 18 will be required to submit a signed parental permission form. Maximum class size is 14.

Classes will be held at Minnehaha Rocks in Spokane and O'emiln Park in Post Falls. By the end of this course, you will be able to set up your own top rope anchors and climb on them, and meet partners to climb with.

Gear requirements will be discussed at the indoor session. The club has some gear you can use until you get your own, or if you just want to try out the sport and don't want to buy gear. You may also be able to pick up some used gear at the club sale on March 7 at the Community School. Check the club website for more details. Don't hesitate to ask the course instructors (see below) if you have questions about what to get.

Indoor: April 22, 6-9 p.m.

Outdoor: April 25 & 26, May 2 & 9, 8 a.m. – 4 p.m.

Cost: \$100

Applications will be available online starting Feb. 1, 2020. Don't wait! The class fills up quickly.

Current membership in the Spokane Mountaineers is required for all participants.

Leaders: Carol Smucker, 509-993-7995, toggelbolt@comcast.net and Ben Powell, 208-215-5429, benjaminryanpowell@gmail.com. Contact us with your questions!

Trad Lead School 2020

Have you been trying out sport leading in the gym and getting an itch to take it outside? Are you getting tired of the same old top-rope routes at Minnehaha or Post Falls, and want to go climb longer routes in the wilderness? Are you ready to go beyond the crag?



The Trad Lead course is designed for those who have taken Rock School or Mountain School and have experience with sport leading in the gym or outside. The focus of this course will be an introduction to Traditional, or trad climbing, which focuses on the skills needed to ascend vertical rock while placing and removing protection. Topics will include, but not be limited to, traditional gear use and placements, multi-pitch climbing and efficiency, and building trad anchors.

School Director - Brett Barna, brettjbarna@gmail.com
School Assistant Directors - Andrew Ratcliff & Ted Rupp

Dates/Times/Locations

Indoor - Wednesday, June 3, 6-8pm, Location TBD

Outdoor - Saturday/Sunday, June 6/7, 8am-4pm, Spokane Area Crags

Outdoor - Saturday/Sunday, June 13/14, Leavenworth Area or Equivalent

Cost - \$125

Requirements

This is not a basic or introductory climbing course. A certain level of rock climbing proficiency is expected. If you are lacking in any of the areas outlined below, start working now so you are ready for the course. Contact the course directors with any questions. Participants must have:

- Successfully completed Rock School, Mountain School, or equivalent
- Be in good physical condition
- Experience sport leading in the gym or outside in the last year
- Able to comfortably mock lead a climb rated 5.8 without a "take" or fall
- Proficiency with the following knots & hitches: reweven figure 8, figure 8 on a bite, clove hitch, munter hitch, bowline, water knot, girth hitch, overhand
- Able to efficiently and safely rappel using an auto block for back up
- Feel very comfortable with all aspects of Top Rope Climbing. This includes
 - Tying into the Rope
 - Belaying
 - Communication
 - Building a SERENE/ERNEST Top Rope Anchor on bolts and natural anchors

Application Process

Applications will be accepted **online** through Sunday, May 17. Accepted applicants will be notified the following week at the latest. Participants must be 18 or older. Participant number is limited. All participants must be members of the Spokane Mountaineers. [Join now](#) if you are not already a member! Selection criteria considered will include, but not be limited to; date application was submitted, climbing experience and previous participation with the Spokane Mountaineers.

ARE YOU MISSING FROM THE PICTURE? DID YOU GET YOUR *KINNIKINNICK*? SOMETHING AMISS?

If you need help, first check the FAQ on our web page: www.spokanemountaineers.org, then contact the following individuals:

- Login problems: ecomm_chair@spokanemountaineers.org
- No *Kinnikinnick*, or multiple copies: membership@spokanemountaineers.org
- Committee list changes (back of this book): editorial@spokanemountaineers.org

For other problems, try a leader of the activity in question, a board member, or an officer (see inside cover or back pages). We will get your problem solved or your question answered!

CALL FOR SUBMISSIONS AND STYLE GUIDELINES

Send us your spring and summer stories, trip reports, photographs, mountain biking, hiking, paddling, poems, essays and collages. This is your publication, and we want it to reflect that.

Files may be submitted in any form, but editable Word documents are preferred. Photos should be large format (do not compress for sending), color or black and white, and sent as separate files (not embedded in text) or downloadable links. Please limit trip reports to no more than 4,000 words. If you are submitting print-ready files, use these parameters:

- Page size 5.5"x 8.5";
- Half-inch margins all sides;
- Font = Corbel 8.5-pt regular for text, Corbel 12-pt bold for titles, Corbel 10-pt regular for "submitted by" and Corbel 8-pt italic for picture captions.

Page numbers will be inserted into your text as needed. If you have any questions, please do not hesitate to contact Merideth Jeffires at editorial@spokanemountaineers.org. The editor can work with most file types and assist with formatting.

THIRTEEN (OR MORE) ESSENTIALS

These are the selections of essential outdoor gear, which the Spokane Mountaineers refer to as the Thirteen Essentials and promote as critical and essential items, which belong in your pack as insurance against the unexpected. Although you may not use all the essentials every day, they can be lifesavers in an emergency.

Never forget the ultimate essential not on the list—COMMON SENSE.

And consider Jason Luthy's recommendation for a 14th essential—compassion.

1. EXTRA FOOD & WATER: Emergency packet of high-energy food and minimum of one quart of water
2. EXTRA CLOTHING
3. MATCHES in a waterproof container with striker
4. FIRE STARTER: candle or other commercial starter
5. MAP: topographic map of current area
6. COMPASS with 2° markings and base plate
7. HEADLAMP or flashlight with extra bulb and batteries
8. SIGNALING DEVICE: whistle and/or mirror
9. POCKET KNIFE
10. EMERGENCY SHELTER: tarp, space blanket, or bivy
11. FIRST AID KIT
12. TOILET PAPER & TROWEL
13. SUN PROTECTION: Sunglasses with 98-100% UV protection, sunscreen with 15+SPF, lip balm

CLUB VOICEMAIL

The club phone number is 509-838-4974. When you connect, you will be given options to leave a message in one of the committee voicemail boxes. These messages will then be forwarded to the appropriate chairperson or person responsible for these areas. We do not have mailboxes for all committees at this time, so when in doubt, use the general mailbox and it will be recorded and routed as needed. An extension number can be pressed at any time to bypass the message.

If you do not choose an extension, the message will be left in the general voice mailbox. To leave a message, choose from the following:

- General mailbox or if you are not sure who should receive the message Press 0
- Membership..... Press 1
- Centennial Celebration and Historian Press 2
- Club President and Officers Press 3
- Chalet Press 4
- Conservation..... Press 5
- Climbing..... Press 6
- Hiking Press 7
- Mountain Biking..... Press 8
- Skiing..... Press 9



Lake Pend Oreille from the Goat Mountain trail. Photo Credit: Tyler Nyman

EVENTS AT A GLANCE

Backpack

Day hike	Friday	March 13
Wenaha River Trail Maintenance	Friday	March 20
Backpack School Class I	Friday	March 27
Over High Drive Rim	Saturday	March 28
St. George's Hike	Saturday	April 4
Backpack School Class III	Friday	April 10
Training Hike Backpack School	Saturday	April 11
Backpack School class IV	Friday	April 17
Backpack School Shake Down I	Sunday	April 19
Backpack School Class V	Friday	April 24
Backpack School Shakedown II	Tuesday	April 28
Backpack School Class VI	Friday	May 1
Backpack School Class VII	Friday	May 8
Backpack School Graduation	Saturday	May 23

Climbing

Climbing Committee Meeting	Monday	March 23
Climbing Committee Meeting	Monday	April 27
Climbing Committee Meeting	Monday	May 25

Mountain School

Indoor Session #2	Wednesday	March 4
Indoor Session#3	Wednesday	March 11
Outdoor Session #1	Saturday	March 14
Indoor Session #4	Wednesday	March 18
Outdoor Session #2	Saturday	March 21
Indoor Session #5	Wednesday	March 25
Outdoor Session #3	Saturday	March 28
Indoor Session #6	Wednesday	April 1
Outdoor Session #4	Saturday	April 4
Indoor Session #7 Group 1	Wednesday	April 15
Indoor Session #7 Group 2	Wednesday	April 22
Outdoor Session #5	Saturday	April 25
Outdoor Session #6	Sunday	April 26
Outdoor Session #7	Saturday	May 2
Indoor Session #8	Wednesday	May 6
Indoor Session #9	Saturday	May 9
Outdoor Session #8	Saturday	May 9
Indoor Session #10	Wednesday	May 13
Outdoor Session #9	Sunday	May 17
Graduation Climb	Friday	May 22

Rock School

Indoor Session I	Wednesday	April 22
Outdoor Session I	Saturday	April 25
Outdoor Session II	Sunday	April 26
Outdoor Session III	Saturday	May 2
Outdoor Session IV	Saturday	May 9

Trad Lead School

Indoor Session I	Wednesday	June 3
Outdoor Session I	Saturday/Sunday	June 6/7
Outdoor Session II	Saturday/Sunday	June 13/14

Club-wide

Board of Directors and Leaders	Monday	March 2
Gear Sale	Saturday	March 7
General Membership Meeting	Monday	March 16
Board of Directors and Leaders	Monday	April 6

Hike

Rocky Forde-Crab Creek	Sunday	March 8
Hanford Reach North	Saturday	March 21
Flying L Trail Construction	Tuesday	March 31
Over High Drive Rim	Saturday	March 28
Flying L Trail Construction	Monday	April 6
Liberty Lake Cedar Grove	Wednesday	April 8
Knothead Loop	Saturday	April 11
Babcock Bench North	Sunday	April 19
Flying L Trail Construction	Sunday	April 19
Rocks Of Sharon	Wednesday	April 22
Flying L Trail Construction	Thursday	April 23
Ancient Lakes Canyon	Saturday	April 25
Unveil the Trail	Saturday	April 25
Flying L Trail Construction	Tuesday	April 28
Hog Canyon Loop	Wednesday	April 29
Blue and Park Loop	Saturday	May 2
Shroomsday	Sunday	May 3
Saltese Uplands Conservation area	Wednesday	May 6
Upper Banks Lake	Sunday	May 10
Rimrock Drive Loop	Wednesday	May 13
Flying L Trail Construction	Saturday	May 16
Blue Creek Bay Trail	Wednesday	May 20
Mount Spokane Park	Wednesday	May 27

Mountain Bike

River Side State Park (7 mile)	Thursday	April 16
Bowl and Pitcher	Thursday	April 23
Beacon Hill	Thursday	April 30
Green Bluff and Beers	Thursday	May 7
Saltese Uplands	Thursday	May 14
Antoine Peak	Thursday	May 21
Sontag Park	Thursday	May 28

Road Bike

Centennial Trail	Tuesday	April 7
Children of the Sun	Tuesday	April 14
Bike Swap	Saturday	April 18
Fish Lake Trail	Tuesday	April 21
Eloika Lake	Saturday	April 25
Centennial Trail	Tuesday	April 28
Little Spokane River	Tuesday	May 5
Eloika Lake	Saturday	May 9
Liberty Lake/Post Falls	Tuesday	May 12
Yakima Water Wheels and Wine	Friday	May 15
Bike Ride	Tuesday	May 19
Hangman Valley	Tuesday	May 26
Medical Lake/Cheney Loop	Saturday	May 30

Snow Shoe

Graham Mountain Snowshoe	Saturday	March 28
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Calendar

EVENT: Board of Directors and Leaders Meeting

TYPE: Club-wide

DATE: March 2, 2020

DAY: Monday

TIME: 06:00 PM - 07:40 PM

COST: Free

LEADER(S): Club President 509-939-6244

The Spokane Mountaineers Board of Directors meets the first Monday of each month to conduct club business. Committee chairs report on activity within committees. All club members are welcome to attend and are encouraged to learn and participate.

EVENT: Mountain School Indoor Session #2

TYPE: Schools

DATE: March 4, 2020

DAY: Wednesday

TIME: 06:30 PM - 09:00 PM

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Clothing, Packing, Knots & Ropes: We will take a serious look into how climbers should dress in the mountains; what works, what doesn't work, and how to put it together to stay warm, dry, and comfortable in the most demanding conditions. Having the right equipment and clothing can make the difference between a safe climb and one you would not or cannot repeat. We will also discuss how to effectively pack your pack for overnight and car-to-car climbing trips, thus preventing the 'one-man band.' We will begin to address some of the knots you will need to know and start you on your way to learning the skills of rope management.

EVENT: Gear Sale

TYPE: Club-wide

DATE: March 7, 2020

DAY: Saturday

TIME: 09:00 AM - 11:00 AM

MEET: 1025 W. Spofford Ave., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

This is an opportunity for all club members to sell and swap used gear at great prices. If you are interested in selling items, please bring clean and serviceable items such as boots, rock & ice protection, tents, packs, stoves, outdoor clothing, skis, bikes, and other relevant items. People who are selling items are responsible for their own gear management and sale.

EVENT: Rocky Ford-Crab Creek
DATE: March 8, 2020
TIME: 09:00 AM - 06:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Sunday

LEADER(S): Wendy Huber 509-939-3717

Join us for the first hike of Daylight Savings Time - so make sure you change your clocks! A pretty, late winter hike along a creek. We should find buttercups, hawks and swallows, and hopefully not many ticks! 6-8 miles, depending on the weather. Minimal elevation gain. Leaders Wendy & Chuck Huber; 939-3717 & 939-2644; wend@chuckmatic.com & chuck@chuckmatic.com

EVENT: Mountain School Indoor Session #3
DATE: March 11, 2020
TIME: 06:30 PM - 09:00 PM

TYPE: Schools
DAY: Wednesday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Snow Camping, Conditioning & Nutrition: In preparation for our first overnight outing, we will spend time learning about camping in the snow: how to comfortably spend an evening outside and sleeping on the snow. We will also discuss how to train for the strenuous climbs you will soon encounter. The lecture on nutrition will help you understand your body processes and avoid 'bonking' on the strenuous climbs ahead. Bring your pack all packed for a single overnight trip in below freezing conditions plus helmet, ice axe & leash, and crampons. We will give you feedback/advice about packing as well as have a scale available if you want to see how much your pack weighs.

EVENT: Backpack School 2020 Instructors Final Meet
DATE: March 13, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Friday

MEET: 8505 East Upriver Drive, Spokane

LEADER(S): Michael Pinter (509) 590-6502

Final tune up meeting for Backpack School 2020 Instructors and Assistants. We will review assignments, logistics of class flow, and break out plans. This should finish early. The WVOLC buildings are situated to the east of Pasadena Elementary (use their parking lot).

EVENT: Mountain School Outdoor Session #1
DATE: March 14, 2020
TIME: 07:40 AM - 05:00 PM
COST: Free

TYPE: Schools
DAY: Saturday

MEET: Mount Spokane, Bald Knob Campground

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Snow Camping, Group Dynamics, Snow Skills, Summit Climb, Self-Arrest Meet on Mt. Spokane in the Spokane Mountaineers Chalet parking lot for a 7:45 student meeting and 8am Trail Time with packs ready for a weekend adventure. We will climb to Bald Knob to build our campsites and break into teams for the afternoon. In the evening, we'll prepare dinner and gaze at the stars. You will participate in team-building exercises, learn some basic belay techniques, and build an emergency snow cave. Early Sunday morning, we will climb to the top of Mt. Spokane and then, if conditions allow, we will try and get some good snow slides going to learn to self-arrest. After self-arrest practice, we will break camp and return to the Chalet parking lot. Bring your helmet, ice axe & leash, and crampons. If you have your full glacier package (helmet, ice axe & leash, chest harness, climbing harness, 3 locking carabiners, 4 non-locking carabiners, prusik cords, belay device, and pulley) already, you should bring it to get used to packing it with all your camping gear. This exercise is on, regardless of weather.

EVENT: Conservation Committee meeting
DATE: March 16, 2020
TIME: 06:00 PM - 07:00 PM
COST: Free

TYPE: Conservation
DAY: Monday

MEET: 8304 E Buckeye Ave, Millwood, WA 99212

LEADER(S): Club Conservation Chair 509-838-4974

Monthly meeting of the Conservation Committee. Email conservation_chair@spokanemountaineers.org to be added to the email list to receive the meeting agenda, minutes, etc.

EVENT: 55 Summits - General Membership Meeting
DATE: March 16, 2020
TIME: 07:00 PM - 08:30 PM
COST: Free

TYPE: Club-wide
DAY: Monday

MEET: 8304 East Buckeye, Spokane, WA 99212

LEADER(S): Club Vice President 509-590-6822

Our member and good friend Rod Price Completed 55 summits last year to raise awareness for veteran suicide. Join us as he speaks about his outdoor journey as well as the cause he is raising awareness for!

EVENT: Mountain School Indoor Session #4
DATE: March 18, 2020
TIME: 06:00 PM - 09:00 PM
COST: Free

TYPE: Schools
DAY: Wednesday

MEET: 1025 W. Spofford Ave., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Glacier Travel, Crevasse Rescue: This night has extremely critical content. The presentation will cover snow and glacier travel and crevasse rescue. Then, you will learn how to rope-up to travel on crevassed terrain and one way to pull a fallen climber out of a crevasse. You will need your harness, prusik cords, 3 locking carabiners, 4 non-locking carabiners, belay device, and pulley. Casual attire is suggested as rope handling is dirty. Students will be split into two groups. Group 1 from 6-7:45 and Group 2 from 7:15-9. Park in the parking lot off Maxwell.

EVENT: Annual Wenaha River Trail Maintenance Backpack
DATE: March 20, 2020
TIME: 10:00 AM - 10:00 PM
COST: Free

TYPE: Hiking - Backpacks
DAY: Friday

MEET: Troy, OR

LEADER(S): Lynn Smith 208-772-4337, Holly Weiler 509-921-8928

Save the date for the annual club service project on the Wenaha River Trail! More information will be posted as we confirm details with the USFS. In previous years, we have completed log-out, brushing, and treadwork. Backpackers will need to be completely self-sufficient with backpack gear; bring work clothes, gloves and safety-glasses; plus carry some trailwork equipment (provided). Camp will be between 3-6 miles from the TH, depending on the necessary maintenance work. Group size limited to 12 within the Wilderness.

EVENT: Mountain School Outdoor Session #2
DATE: March 21, 2020
TIME: 08:00 AM - 12:00 PM
COST: Free

TYPE: Schools
DAY: Saturday

MEET: 5625 E Upriver Drive, Spokane, WA

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Crevasse Rescue: We will break into small groups and practice crevasse rescue methods, building on what was learned on Wednesday. Meet at 8am at the Minnehaha climbing rocks at John Shields Park on Upriver Drive in Spokane. You will need your full glacier package (helmet, ice axe & leash, chest harness, climbing harness, 3 locking carabiners, 4 non-locking carabiners, prusik cords, belay device, and pulley). You will spend a lot of time lying on snow/cold wet grass; dress appropriately and bring a sit-pad.

EVENT: Hanford Reach North
DATE: March 21, 2020
TIME: 08:00 AM - 08:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Saturday

LEADER(S): Wendy Huber 509-939-3717

Join us for the first spring hike! A dramatic walk along cool high bluffs and huge sand dunes. Some bushwhacking through tall grasses and frequent heavy brush. This is a very windy area, so prepare to be sandblasted! About 7-8 miles, 500' of elevation gain. Stopping for dinner out on the way home, so you may want to bring an extra shirt! Leaders Wendy & Chuck Huber; 939-3717 & 939-2644; wend@chuckmatic.com & chuck@chuckmatic.com

EVENT: Mountain School Indoor Session #5
DATE: March 25, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Schools
DAY: Wednesday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Climbing Conditions Assessment: The importance of safe travel in the mountains and the risks of failing to do so. This indoor session will cover weather, route conditions, and avalanche awareness, and how to assess them before and during a climb.

EVENT: Backpack School Class I
DATE: March 27, 2020
DAY: Friday
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Backpack School

MEET: 8505 East Upriver Drive, Spokane

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Class I includes introduction, meet the Mountaineers, class syllabus and expectations. Course materials include: Footwear and The 13 Essentials. The WVOLC buildings are situated to the east of Pasadena Elementary (use their parking lot).

EVENT: Mountain School Outdoor Session #3
DATE: March 28, 2020
TIME: 07:40 AM - 05:00 PM
COST: Free
MEET: Mount Spokane

TYPE: Schools
DAY: Saturday

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Team Rope Travel, Crevasse Rescue, Team-Arrest: Meet on Mt. Spokane in the Spokane Mountaineers Chalet parking lot for a 7:45 student meeting and 8am Trail Time ready for a full day on the mountain. We will rope up and practice climbing as rope teams, while learning to navigate the man-eating crevasses found on Mt. Spokane. Time will also be spent on crevasse rescue and learning team arrest. Bring your full glacier package and crampons.

EVENT: Graham Mountain Snowshoe
DATE: March 28, 2020
TIME: 08:00 AM - 08:00 PM
COST: Free

TYPE: Hiking - Snowshoe
DAY: Saturday

MEET: Idaho Panhandle National Forest

LEADER(S): Tyler Nyman 509-270-8236

Meet at the Fernan Ranger Station in Coeur d' Alene to arrange carpooling. We'll drive approximately 45 minutes to the Coal Creek trailhead on the Coeur d' Alene River Road north of Kellogg. The hike begins with steady and often steep uphill travel through the Coal Creek drainage. Once we gain the ridgeline, we'll follow it west to the 5,727' summit of Graham Mountain. If the sky is clear, we'll be able to look north across the Coeur d' Alene Mountains, as far as the Cabinets in northwest Montana. The view south includes Silver Mountain and the many peaks in the Saint Joe River country. We'll retrace our route on the way back. Round trip distance is approximately 10 miles with 3,900' elevation gain. This outing is best suited for physically fit hikers, due to steep uphill travel in potentially deep snow. Inclement weather may cancel. Contact Tyler Nyman for more information. Please notify Tyler if you are unable to make it so that those on the waitlist have a chance to join. 509-270-8236

EVENT: Over High Drive Rim
DATE: March 28, 2020
TIME: 10:30 AM - 01:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Saturday

LEADER(S): Miles Breneman 509-838-8415

This is a training hike for Backpack School students and regular members are invited to help out. This hike has sections that are good for training hikes. Students will be shown downhill and uphill step strategies to make their hikes and backpack trips easier. Bring water and snacks, sturdy shoes, and dress for weather. This is a close in hike from High Drive just east of Bernard.

EVENT: Flying L Trail Construction
DATE: March 31, 2020
TIME: 08:30 AM - 03:30 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Tuesday

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or Mcleod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the worksite. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible, so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers website for updates.

DATE: April 1, 2020
TIME: 05:50 PM - 08:00 PM
COST: Free

DAY: Wednesday

LEADER(S): Brean Nieman(509) 869-8094

Deep Creek Loop Trail is 5.4 mile near Nine Mile Falls. Considered a moderate hike with 830 feet of elevation gain. Discover Pass is required. Please call Brean Nieman with any questions

EVENT: Mountain School Indoor Session #6
DATE: April 1, 2020
TIME: 06:30 PM - 09:00 PM

TYPE: Schools -
DAY: Wednesday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Judgment & Risk Management, Trip Planning: Tonight we will cover planning a climbing trip and the duties of a leader. Our discussion will include selecting a reasonable objective, compiling team members, developing a timeline, assessing conditions and other logistical considerations necessary for the success and safety of the climb. Climbers must have a good understanding of and use careful judgment and risk assessment.

EVENT: Backpack School Class II
DATE: April 3, 2020
TIME: 06:30 PM - 09:00 PM

TYPE: Backpack School
DAY: Friday

MEET: 8505 East Upriver Drive, Spokane

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Class II covers Clothing and Major Equipment. A major portion of this class will be hands-on with instructors and various equipment options.

EVENT: Mountain School Outdoor Session #4
DATE: April 4, 2020
TIME: 07:40 AM - 05:00 PM

TYPE: Schools
DAY: Saturday

MEET: Mullen, Idaho

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Climbing Conditions Assessment, Overnight, Rope-Team Summit Climb: Attendance is mandatory to go on the graduation climb. We will meet at the Willow Creek parking area near Mullan, ID (just off I-90 East) for an 8am Trail Time Saturday morning. The hike to Lower Stevens Lake is 2.5 miles and with 1,900 feet of elevation gain. After setting up camp and eating lunch, we will spend the afternoon assessing climbing conditions and practicing how to dig avalanche snow pits. Bring your favorite GOURMET camping dish and your best jokes for an evening of fun and an early turn-in. On Sunday, weather and conditions permitting, we'll get an alpine start (about 2:30am) and make a bid for the top of Stevens Peak (1,500 feet of gain) as roped teams. Sunday afternoon, we'll break camp and hike back to the trailhead. Everyone is invited to join us afterwards for the traditional get-together at an area restaurant (location TBD). If avalanche conditions dictate, we will complete this trip at an alternate location.

EVENT: St Georges Hike
DATE: April 4, 2020
TIME: 10:00 AM - 02:00 PM
COST: Free

TYPE: Backpack School
DAY: Saturday

MEET: Carpool: Fairwood Calvary Chapel @ 9:40 am

LEADER(S): Michael Pinter (509) 590-6502

This is a training hike for Backpack School. Additional Leaders welcome. The St. George trail climbs rapidly to the 5 Mile bluff, skirts it for a stretch, then drops back to the Little Spokane River. It is a 6.8 mile out n back with 1280' of elevation gain. If concerned about the distance, arrange for a shuttle at the halfway point - the Painted Rocks lot on Rutter Parkway. Discovery Pass Required.

EVENT: Flying L Trail Construction #2
DATE: April 6, 2020
TIME: 08:30 AM - 03:30 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Monday

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or Mcleod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the work site. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers web site for updates.

EVENT: Board of Directors and Leaders Meeting
DATE: April 6, 2020
TIME: 06:00 PM - 07:40 PM
COST: Free

TYPE: Club-wide
DAY: Monday

LEADER(S): Club President 509-939-6244

The Spokane Mountaineers Board of Directors meet the first Monday of each month to conduct club business. Committee chairs to report on activity within committees. All club members are welcome to attend and are encouraged to learn and participate.

EVENT: Centennial Trail bike ride
DATE: April 7, 2020
TIME: 06:00 PM - 08:00 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Mirabeau Trailhead

LEADER(S): Denise Beardslee 509-981-4123

Welcome to the start of the Spokane Mountaineers 2020 bike season! Our first ride will start off easy with a gentle ride on the Centennial trail. Beginning at Mirabeau, we will head east to Harvard Road (maybe beyond) and then turn around for ride back. Horrible weather cancels -any questions, call Denise at 509 981-4123.

EVENT: Liberty Lake Cedar Grove Hike
DATE: April 8, 2020
TIME: 05:40 PM - 09:00 AM
COST: Free
MEET: Liberty Lake, Wash.

TYPE: Hiking - Day Hike
DAY: Wednesday

LEADER(S): Lynn Smith 208-772-4337

Take Liberty Lake exit off I-90. Go South on Liberty Lake Rd until you hit Sprague. Go left (east) on Sprague, past the golf course and along the East side of the lake until you get to the turnoff to Liberty Lake County Park on Zephyr Rd. Down Zephyr, the parking area is just past the entrance gate. We'll hike a circle route up Split Creek trail to the cedar grove then return on the old trail. Route is about 5 miles RT with 200 feet of elevation gain. Difficulty is easy.

EVENT: Backpack School Class III
DATE: April 10, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Backpack School
DAY: Friday

MEET: 8505 East Upriver Drive

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Class III encompasses weather, water purification, and basic map navigation. There will be two breakout sessions.

EVENT: Knothead Loop Hike (Painted Rocks Lot)
DATE: April 11, 2020
TIME: 10:00 AM - 02:00 PM
COST: Free
MEET: 5700 W Rutter Parkway

TYPE: Hiking - Day Hike
DAY: Saturday

LEADER(S): Michael Pinter (509) 590-6502

This is a training hike for Backpack School students. Members are encouraged to assist/earn their Leader stripes. The goal is endurance. For stamina, pack water bottles/jugs which may be emptied if too taxing. The Knothead Loop leaves from the Painted Rocks parking lot. The trail follows the Knothead Valley, loops up above the Spokane River, then drops down along the Little Spokane River. The trail climbs to 1020' midway through the 6.8 mile distance. Parking may be congested, carpool is encouraged. Discovery Pass is required.

EVENT: Children of the Sun Trail Ride
DATE: April 14, 2020
TIME: 06:00 PM - 08:00 PM
MEET: Wandermere Shopping Center McDonalds

TYPE: Road Bike
DAY: Tuesday
COST: Free

LEADER(S): Bonnie Ulbright 5099902307, Dave Sorg 509-868-5984. Host is Bonnie Ulbright. Approximately 14 miles round trip on the trail. Call 509-990-2307 for details.

EVENT: Mountain School Session #7
DATE: April 15, 2020
TIME: 06:00 PM - 09:00 PM

TYPE: Schools
DAY: Wednesday

MEET: 1025 W. Spofford Ave., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Rock Climbing Techniques, Belaying, and Anchors: We will be breaking the class into two groups; one group will meet April 15th and the other group will meet April 22nd. In this session, we will cover top rope belay techniques and anchor building. We will also be introducing you to an array of important rock climbing techniques and skills that you will be practicing and demonstrating over the next 3 outdoor sessions. Bring your harness, belay device, and comfortable clothing to practice.

EVENT: Riverside State Park from 7 Mile Wilber trailhead
DATE: April 16, 2020
TIME: 06:00 PM - 08:00 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club Mountain Bike Chair (Jeff Mergler) 201-981-8179

Park at the Wilber trailhead of Riverside State Park at 7 Mile. Riders of all abilities are welcome to join us. Discover pass required. We split into different groups, based on ability/aerobic capacity. The organizer (Chris Roberts) will assign leaders based on turnout. All riders must wear a helmet and sign a waiver. Location: <https://goo.gl/maps/7smk6eDgXjC2>

EVENT: Backpack School Class IV
DATE: April 17, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Backpack School
DAY: Friday

MEET: 8505 East Upriver Drive, Spokane

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Class IV introduces students to outdoor etiquette, trip planning, and effective packing. The class will finish with a description of the Shakedown outdoor event.

EVENT: Bike Swap
DATE: April 18, 2020
TIME: 08:00 AM - 06:00 PM
COST: Free

TYPE: Road Bike
DAY: Saturday

MEET: Spokane county fair grounds

LEADER(S): Club Road Bike CoChair - 1 509-991-1221. Contact Debbie Pierce for information on volunteering

EVENT: Backpack School Shakedown I
DATE: April 18, 2020
TIME: 10:00 AM - 03:00 PM
COST: Free

TYPE: Backpack School
DAY: Saturday

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Shakedown Option #1. Students will practice effective packing at the trailhead. A roughly 3 mile hike with full pack will follow. Then students will set up camp, filter water, and operate camp stoves. Upon completion of these tasks, students will be free to break camp and exit. Discover Pass required; carpool encouraged.

EVENT: Babcock Bench North
DATE: April 19, 2020
TIME: 08:00 AM - 07:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Sunday

MEET: Ancient & Dusty Lake Trailhead

LEADER(S): Tyler Nyman 509-270-8236

We'll meet at 8AM in front of the Starbucks at the Petro Truck Stop off of Medical Lake exit 272. From there we'll carpool to the Ancient Lakes trailhead northwest of George, WA. Babcock Bench stretches 20 miles along the east side of the Columbia River. From the trailhead, we'll hike towards the river and explore the northernmost reaches of the bench. Along the way, we'll enjoy incredible views and navigate through a complex maze of basalt bluffs, ridges and craters. The highest bluffs along the bench contain an abundance of hedgehog cacti that are rare in other parts of Washington. They are common enough here that you will need to watch your step when hiking off trail. We'll loop back to the trailhead for a round-trip distance of approximately 10 miles. Some of this hike will include off trail scrambling on terrain that can be loose, rocky and steep. See "Documents" (online) for a topographic map of the route. A Discover Pass is required to park at the trailhead. Group Size Limit is 10. Contact Tyler Nyman for more information: 509-270-8236.

EVENT: Flying L Trail Construction #3
DATE: April 19, 2020
TIME: 08:30 AM - 03:30 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Sunday

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or Mcleod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the work site. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers web site for updates.

EVENT: General Membership Meeting - Inland Northwest Land Conservancy
TYPE: Clubwide
DAY: Monday
TIME: 07:00 PM - 08:30 PM

DATE: April 20, 2020

COST: Free

MEET: 8304 East Buckeye, Spokane, WA 99212

LEADER(S): Club Vice President 509-590-6822

Join Todd Dunfield of the Spokane Mountaineers as he discusses the conservation efforts of the Inland Northwest Land Conservancy!

EVENT: Fish Lake Trail
DATE: April 21, 2020
TIME: 06:00 PM - 08:00 PM
MEET: Fish Lake Trail

TYPE: Road Bike
DAY: Tuesday
COST: Free

LEADER(S): Brittany Garwood 509-999-0944
Ride the Fish Lake trail to the gated end and back. 18 miles round trip with a gentle grade.

EVENT: Rocks of Sharon via Valley Route
DATE: April 22, 2020
TIME: 05:50 PM - 08:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Wednesday

MEET:

LEADER(S): Chris Baldini 509-924-4608 / 993-8971 (c)
A 5 mile-ish loop to the Rocks of Sharon. We'll take the Valley route; use the connector trail to the Rocks for a short break and some snacks. Trekking poles recommended. We'll continue the loop to the cars. Well behaved 4-legged friends welcome (1 per person pls) must be leashed in this area and plan to pack out any dog poo. Return time is an estimate. T/H: Take Dishman Mica to Shafer Rd; right onto 44th; left onto Farr Rd; right on Hollman to the end of the road. Questions - call Chris 509-993-8971,

EVENT: Mountain School Indoor Session #7 (Group 2) **TYPE:** Schools
DATE: April 22, 2020 **DAY:** Wednesday
TIME: 06:00 PM - 09:00 PM
COST: Free

MEET: 1025 W. Spofford Ave., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Rock Climbing Techniques, Belaying, and Anchors We will be breaking the class into two groups; one group will meet April 15th and the other group will meet April 22nd. In this session we will cover top rope belay techniques and anchor building as well as introducing you to an array of important rock climbing techniques and skills that you will be practicing and demonstrating over the next 3 outdoor sessions. Bring your harness, belay device, and comfortable clothing to practice.

EVENT: Rock School Indoor **TYPE:** Climbing
DATE: April 22, 2020 **DAY:** Wednesday
TIME: 06:00 PM - 09:00 PM
COST: 100.00

LEADER(S): Carol Smucker 509.465.3834

Indoor session for Rock School. Meet the instructors, learn about goals and gear for the course, practice tying knots, tie in to the rope, and belay a partner. Location TBA. Must be accepted to the course and paid in full in order to attend.

EVENT: Riverside State Park from Bowl and Pitcher **TYPE:** Mountain Bike - Day Ride
DATE: April 23, 2020 **DAY:** Thursday
TIME: 06:00 AM - 08:00 PM
COST: Free
LEADER(S): Club Mountain Bike Chair (Jeff Mergler) 2019818179

Park Bowl and Pitcher area Riverside SP. Meet on the north side of the river above the suspension bridge. Take North Aubrey White Pkwy to the Bowl and Pitcher area then the paved right turn into the lower lot. Riders of all abilities are welcome to join us. We split into different groups based on ability/aerobic capacity. The organizer will assign leaders based on turnout. All riders must wear a helmet and sign a waiver. Discover Pass required. Location: <https://goo.gl/maps/AC86ki3com8z>

EVENT: Flying L Trail Construction #4 **TYPE:** Hiking - Day Hike
DATE: April 23, 2020 **DAY:** Thursday
TIME: 09:30 AM - 12:30 PM
COST: Free

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or McLeod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the work site. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers website for updates.

EVENT: Backpack School Class V **TYPE:** Backpack School
DATE: April 24, 2020 **DAY:** Friday
TIME: 06:30 PM - 09:00 PM **COST:** Free
MEET: 8505 East Upriver Drive, Spokane

LEADER(S): Michael Pinter (509) 590-6502

Back Pack School Class V feasts on Nutrition, Food Preparation + Planning, and Bear Bags (or how to keep your food and not become a snack). More breakouts featured. The class will finish with a description of the second Shakedown option.

EVENT: Mountain School Outdoor Session #5
DATE: April 25, 2020
TIME: 08:00 AM - 05:00 PM

TYPE: Schools
DAY: Saturday

MEET: John Shields Park, 5625 E. Upriver Dr., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736
Rock Climbing Skills I On Belay? Climb on! Meet at the big tree. Today we will practice climbing and belaying at various areas and stations set up on the rocks. We encourage you to use rock shoes during these rock sessions. If you do not have rock shoes, climb in your boots, it is good practice for alpine climbing. We will begin with a brisk hike with packs to the top of Beacon Hill. Time permitting, we'll do some top roped climbing following the class session. Remember to bring climbing gear, your 13 essentials, and lunch. Please leave valuables at home, carry them with you, or hide them well.

EVENT: Rock School Outdoor I
DATE: April 25, 2020
TIME: 08:00 AM - 04:00 PM
COST:\$100.00

TYPE: Climbing
DAY: Saturday

MEET: John Shields Park

LEADER(S): Carol Smucker 509.465.3834

First outdoor session for Rock School 2020. Learn climbing techniques, belaying, and anchor building. Bring food, water, your personal climbing gear, snacks, a small backpack. Dress for all types of weather; you will be outdoors all day.

EVENT: Ancient Lakes Canyon
DATE: April 25, 2020
TIME: 08:30 AM - 04:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Saturday

MEET: 1808 W.3rd, Rosauers

LEADER(S): Miles Breneman 509-838-8415

Meet at NE end of parking lot to carpool. Call Miles @ 509-998-0871 if u r lost. Great spring desert hike, wild flowers,lakes, waterfalls, basalt canyons next to Columbia Gorge. Hour and a half drive. Ride share and gas share. Discover Pass required at TH park lot. Maps furnished to destination. Some scrambling, sturdy boots/shoes, trekking poles recommended. Bring lunch, 13 essentials! Drivers need Discover Pass for parking. Option to stop for dinner an way back!

EVENT: Unveil The Trail
DATE: April 25, 2020
TIME: 09:00 AM - 11:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Saturday

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337, Bill and Deb Pierce 509-999-3921

With the arrival of spring and the celebration of Earth Day, it is time once again to clean up our adopted mile on the Centennial Trail. Please join us for this annual event where all Adopt-A-Mile groups clean their mile. Bring gloves, rakes, brooms, and gas powered leaf blowers. We will pick up trash, sweep the trail, trim branches, and get it ready for spring and summer! Call leaders Bill and Debbie Pierce at 509-991-1047 for more information.

EVENT: Eloika Lake
DATE: April 25, 2020
TIME: 10:00 AM - 01:00 PM
COST: Free

TYPE: Road Bike
DAY: Saturday

LEADER(S): Club Road Bike CoChair1 509-991-1221

Rick Haney will select a ride between 15-30 miles. May be quite hilly. Call Rick at 509 434-6643 for details, and the place to meet.

EVENT: Mountain School Outdoor Session #6
DATE: April 26, 2020
TIME: 08:00 AM - 04:00 PM
COST: Free

TYPE: Schools
DAY: Sunday

MEET: John Shields Park, 5625 E. Upriver Dr., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Rock Climbing Skills II on Rappel? For our second session at Minnehaha you will be learning to descend the rope by rappelling. Bring a large trash bag and your gloves, and we will clean up around the rocks before we begin. And, of course, the traditional warm-up hike to the top of Beacon Hill. We will also practice belaying and setting up rappel anchors. Time permitting, we'll do some top roped climbing following the class session. Remember to bring your climbing gear, 13 essentials, and a lunch.

EVENT: Rock School Outdoor II
DATE: April 26, 2020
TIME: 08:00 AM - 04:00 PM
COST: \$100.00

TYPE: Climbing
DAY: Sunday

MEET: John Shields Park (Minnehaha), 5625 E Upriver Dr, Spokane, WA 99217

LEADER(S): Carol Smucker 509.465.3834

Second outdoor session for Rock School 2020. Learn to rappell, coil ropes, build anchors, and climb! Bring food, water, your personal climbing gear, snacks, a small backpack. Dress for all types of weather; you will be outdoors all day.

EVENT: Backpack School Shakedown II
DATE: April 26, 2020
TIME: 10:00 AM - 03:00 PM
COST: Free

TYPE: Backpack School
DAY: Sunday

LEADER(S): Michael Pinter (509) 590-6502

Backpack School Shakedown Option #2. Students will practice effective packing at the trailhead. A roughly 3mile hike with full pack will follow. Then students will set up camp, filter water, and operate campstoves. Upon completion of these tasks, students will be free to break camp and exit. Discover Pass required; carpool encouraged.

EVENT: Flying L Trail Construction #5
DATE: April 28, 2020
TIME: 08:30 AM - 03:30 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Tuesday

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or Mcleod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the work site. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers website for updates.

EVENT: Centennial Trail Ride
DATE: April 28, 2020
TIME: 06:00 PM - 08:00 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Harvard Trailhead - Exit 296 (Liberty Lake), at Appleway and Harvard turn north over the freeway and continue approximately ½ mile. Trailhead is on the left.

LEADER(S): Bonnie Ulbright 5099902307

Leaving the Harvard Road trailhead and heading west to Argonne Road. Return the same way.

EVENT: Hog Canyon Loop
DATE: April 29, 2020
TIME: 05:50 PM - 08:30 PM

TYPE: Hiking - Day Hike
DAY: Wednesday

COST: Free

MEET: Fishtrap, WA

LEADER(S): Tyler Nyman 509-270-8236

This hike features rolling grasslands, open pine forest, cliffside views across Hog Lake and a seasonal cascading waterfall. We will meet at the Hog Lake trailhead and hike a loop of approximately 4-5 miles. To reach the trailhead, take the I-90 exit 254 for Fishtrap. Turn left to cross the freeway and continue south along the Sprague Highway. Take a left-hand turn onto Lake Valley Loop Road and cross the railroad tracks. Continue straight for approximately 1.2 miles to a large gravel pull out and trailhead on the left. See "Documents" for topographic trail map. Contact Tyler Nyman for more information: 509-270-8236.

EVENT: Beacon Hill from Climbing Rocks
DATE: April 30, 2020
TIME: 06:00 PM - 09:00 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club MtnB Chair (Jeff Mergler) 2019818179

Some new trails allow us to park at the less crowded climbing rocks area (aka John Shields Park, Minnehaha) and link up with the main network at Beacon. Be prepared for lots of aerobic climbing and sweeping and flowing trails. This ride is suited for the intermediate rider or strong casuals. We split into different groups based on ability/aerobic capacity. Our organizer (Kevin) will assign ride leaders based on turnout. All riders must wear a helmet and sign a waiver. No Discover Pass needed. Location: 5625 E Upriver Drive. Spokane, WA 99217

EVENT: Backpack School Class VI
DATE: May 1, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Backpack School
DAY: Friday

MEET: 8505 East Upriver Drive

LEADER(S): Michael Pinter (509) 590-6502

Class VI features First Aid, Bear Spray, and Personal Locator Beacons. Breakout will demonstrate basic first aid scenarios and various FA kits.

EVENT: Mountain School Outdoor Session #7
DATE: May 2, 2020
TIME: 08:00 AM - 04:00 PM
COST: Free

TYPE: Schools
DAY: Saturday

MEET: John Shields Park, 5625 E. Upriver Dr., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Rock Climbing Skills III This session is for the demonstration and practice of moving UP a rope! We'll also review rappelling and learn to escape the belay. As part of class we will set up some high angle climbs so everyone will get a chance to continue to develop climbing and belaying skills on the rock. After the required exercises, additional high-angle climbs will be available for practice. Remember to bring your climbing gear, 13 essentials, and a lunch.

EVENT: Rock School Outdoor III
DATE: May 2, 2020
TIME: 08:00 AM - 04:00 PM
COST: \$100.00

TYPE: Climbing
DAY: Saturday

MEET: Q'emiln Park

LEADER(S): Carol Smucker 509.465.3834

Third outdoor session for Rock School 2020. Build natural anchors, practice rappelling and setting up bolted top-rope anchors, continue coiling ropes, and climb! Bring food, water, your personal climbing gear, snacks, and a small backpack. Dress for all types of weather; you will be outdoors all day.

EVENT: Blue and Park Lake Loop
DATE: May 2, 2020
TIME: 08:00 AM - 07:00 PM
MEET: Park Lake Road NE

TYPE: Hiking - Day Hike
DAY: Saturday
COST: Free

LEADER(S): Tyler Nyman 509-270-8236

We'll meet at 8AM in front of the Starbucks on Hayford Road and HWY 2 to arrange carpooling. This hike begins at the gravel parking area in front of the gate on Park Lake Road. We'll head south to the eastern end of Blue Lake to make our way into Jasper Canyon. PLEASE NOTE: We will be following a trail along a high and narrow cliff band that winds around the lake. The trail is in good condition, but a fall here would be serious. Please do not sign up for this hike if you suffer from a fear of heights or have poor balance. From Jasper Canyon, we'll hike east cross country through coulees and across plateaus to a rare natural bridge gouged deep in the basalt by the Great Missoula Floods. We will finish up the loop by descending to the mouth of the Park Lake Coulee and heading for the parking area. This hike is between 8 and 10 miles and is mostly off trail. A Discover Pass is required at the trailhead. Group size limit is 10. See "Documents" for a topographic trail map. Contact Tyler Nyman for more information: 509-270-8236.

EVENT: Shroomsday
DATE: May 3, 2020
TIME: 07:00 AM - 07:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Sunday

LEADER(S): Holly Weiler 509-921-8928

While everyone in Spokane is running Bloomsday, participants in this event will be looking for spring morels. Event limited to 5 participants who are comfortable traveling off trail and through rough terrain while looking for spring morels and other wild springtime goodies. Exact location to be determined closer to the event date. Participants should have the 10 essentials, a harvest bag or basket, a folding knife, and a packed lunch. Discover Pass required in case we travel onto State Lands. Hunt & harvest will be postponed in the event of heavy rain in the forecast. Dog friendly for a limited number of leashed dogs (pet owners responsible for pickup of pet waste). Please call to inquire.

EVENT: Board of Directors and Leaders Meeting
DATE: May 4, 2020
TIME: 06:00 PM - 07:40 PM
COST: Free

TYPE: Clubwide
DAY: Monday

LEADER(S): Club President 509-939-2644

The Spokane Mountaineers Board of Directors meet the first Monday of each month to conduct club business. Committee chairs to report on activity within committees. All club members are welcome to attend and are encouraged to learn and participate.

EVENT: Little Spokane River Cruise
DATE: May 5, 2020
TIME: 06:00 PM - 08:30 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Rosauers 5 Mile West Francis at Ash

LEADER(S): Lee Windham 509-244-6244

Starts up over top of 5 Mile down to north Wall out Waikiki past Kalispel Golf Course, fish hatchery and Saint George's down along the Little Spokane past Indian Painted Rocks Trailhead and up Rutter Parkway into Indian Trail Road back into the city thru Dan's old NW neighborhood and finish. About 17 miles big hill to start then moderate hills.... Lee 509-991-1019

EVENT: Saltese Uplands Conservation Area
DATE: May 6, 2020
TIME: 05:50 PM - 08:00 PM

TYPE: Hiking - Day Hike
DAY: Wednesday
COST: Free

MEET: South Henry Road, Greenacres, WA

LEADER(S): SHUWEN WANG 7173701910

The Saltese Uplands is a hilly grassy ecosystem with rock outcrops and scrub ponderosa. Not only a great place to view wildlife, it also offers nice views of the Valley and Liberty Lake. The hike is a 5-mile loop with cumulative elevation gain of 600 feet. Difficulty is moderate. To get there, take I-90 E from Spokane and get off on Exit 293. Turn right onto Barker Rd and then left onto E Sprague Ave. Take a right onto S Henry Rd and follow it to the trailhead.

EVENT: Mountain School Indoor Session #8
DATE: May 6, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Schools
DAY: Wednesday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Mountain Rescue and Mountaineering Medicine Tonight's topic will cover mountain medicine and wellness. All members are welcome to attend and will benefit from learning about a subject that applies to all outdoor activities. We will also discuss how to self-rescue or seek help if any issues arise in the backcountry. These are skills we hope you never use, but they will help build confidence in yourself and in each other when in the mountains.

EVENT: Bluff and Beers
DATE: May 7, 2020
TIME: 06:30 PM - 08:30 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club MtnB Chair (Jeff Mergler) 2019818179

Note the time change of 6:30 pm for this ride. The High Drive trails are single-track and better suited for the intermediate rider. The views are fantastic from the trails on the bluff. Parking is on High Drive between 37th and Bernard Dr near 228 W High Dr. We split into different groups based on ability/aerobic capacity. Our organizer (Jeff) will assign ride leaders based on turnout. All riders must wear a helmet and sign a waiver. No Discover Pass required. Afterward, riders are all invited to a nearby watering hole for some post ride food and beverages. Location: 228 W High Dr, Spokane, WA 99203

EVENT: Backpack School Class VII
DATE: May 8, 2020
TIME: 06:30 PM - 09:00 PM
COST: Free

TYPE: Backpack School
DAY: Friday

MEET: 8505 East Upriver Drive

LEADER(S): Michael Pinter (509) 590-6502

Back Pack School Class VII highlights some modern topics such as GPS Navigation and Hiking Apps. This final class includes a test and class evaluation. Students are encouraged to discuss graduation backpack options with leaders.

EVENT: Mountain School Indoor Session #9
DATE: May 9, 2020
TIME: 08:00 AM - 11:30 AM
COST: Free

TYPE: Schools
DAY: Saturday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Map & Compass Navigation, Route Finding The indoor session will be held before the outdoor session on Saturday afternoon. Part of climbing safely and successfully in the backcountry involves navigation skills. This lecture presents the basics of using a topo map and compass. This class is necessary for the outdoor navigation class at Minnehaha after lunch. Bring your compass, a pen or pencil, and a straight edge.

EVENT: Rock School Outdoor IV
DATE: May 9, 2020
TIME: 08:00 AM - 04:00 PM
COST: 100.00

TYPE: Climbing
DAY: Saturday

MEET: Q'emlin Park, Post Falls, ID

LEADER(S): Carol Smucker 509.465.3834

Fourth and final outdoor session for Rock School 2020. Practice everything you have learned and climb! Bring food, water, your personal climbing gear, snacks, a small backpack. Dress for all types of weather; you will be outdoors all day.

EVENT: Elioka Lake
DATE: May 9, 2020
TIME: 10:00 AM - 01:00 PM
COST: Free

TYPE: Road Bike
DAY: Saturday

LEADER(S): Club Road Bike CoChair1 509-991-1221

Rick Haney will select a ride of about 15-30 miles based on interest. Call Rick for details 509 434-6693 Ride may have several hills.

EVENT: Mountain School Outdoor Session #8
DATE: May 9, 2020
TIME: 12:30 PM - 04:30 PM

TYPE: Schools -
DAY: Saturday

MEET: John Shields Park, 5625 E. Upriver Dr., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Map and Compass Navigation, Route Finding Minnehaha, John H. Shields Park Meet in the dirt parking lot west of the paved lot. We will practice what we learned in class. After checking your equipment, you will follow a map and compass course around Beacon Hill. Prepare for any weather, bring your 13 essentials, and be ready to get off the beaten path.

EVENT: Upper Banks Lake
DATE: May 10, 2020
TIME: 08:00 AM - 07:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Sunday

MEET: Grand Coulee, WA

LEADER(S): Tyler Nyman 509-270-8236

We'll meet at 8AM in front of the Starbucks on Hayford Road and HWY 2 to arrange carpooling. This hike begins at the mouth of Barker Canyon on the north side of Banks Lake. We'll hike east to explore a rugged peninsula that juts out into the lake to the north of Steamboat Rock. Along the way we'll scramble over granitic domes and navigate through canyons and around massive outcrops, while enjoying the extensive views across Banks Lake. Much of this hike is off trail. Round trip distance is around 12 miles. A Discover Pass is required for parking. Group size limit is 12. See "Documents" for a topographic map of the hike. Contact Tyler Nyman for more information: 509-270-8236.

EVENT: Liberty Lake / Post Falls
DATE: May 12, 2020
TIME: 06:00 PM - 08:30 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Liberty Lake

LEADER(S): Dan Robisch 208-651-2016

Ride to Post Falls on the hilly Riverside Drive and return on the flat Centennial Trail. Eat at the Liberty Lake Shopping Center afterwards, group will choose location. Must call to reserve your spot. Leader: Dan Robisch - 208.651.2016 Length: Approx. 18.5 miles. Moderate 12-16 mi/hr. Level: Intermediate

EVENT: Rimrock Drive Loop
DATE: May 13, 2020
TIME: 05:50 PM - 08:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Wednesday

LEADER(S): BreanNieman 5098698094

Rimrock Drive will be a 4+ mile loop trail starting from parking lot and following Rimrock Drive overlooking Downtown Spokane. We'll start loop at Trail 122 and meet up with Trail 101 back to parking lot. If you have questions please contact BreanNieman at 509-869-8094.

EVENT: Mountain School Indoor Session #10
DATE: May 13, 2020
TIME: 06:30 PM - 09:00 PM

TYPE: Schools –
DAY: Wednesday

MEET: 2426 N. Discovery Place, Spokane Valley

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Final Exam and Graduation Climb Planning FINAL EXAM! Are you ready? Study hard for the exam; your graduation depends on it. The final is comprehensive. After the exam we will finalize details of our graduation climb, such as timetable, carpool, objectives, and more details on the mountain: beautiful and majestic Mt. Athabasca in Alberta, Canada.

EVENT: Saltese Uplands
DATE: May 14, 2020
TIME: 06:30 PM - 08:30 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club MtnB Chair (Jeff Mergler) 2019818179

The Saltese Uplands Conservation Area features fairly smooth terrain with moderate climbing to the summit. It is suitable for energetic casuals, or intermediate and above riders. Take I-90 to Barker Rd, exit and meet at the trailhead at 1500 S Henry Rd off of Sprague Avenue. We split into different groups based on ability/aerobic capacity. The organizer (Tom) will organize ride leaders based on turnout. All riders must wear a helmet and sign a waiver. No Discover Pass is needed.

EVENT: Yakima Water Wheels & Wine weekend
DATE: May 15, 2020
TIME: 07:00 PM - 03:00 PM
COST: Free

TYPE: Road Bike
DAY: Friday

LEADER(S): Bonnie Mandel 404-441-8564

Camp in Yakima Canyon Level one paddle Yakima River, visit wineries, and bike Canyon Road while closed to cars Details provided to approved participants. Must be comfortable in moving water, Pfd's and emergency whistles required. This activity in conjunction with the Spokane Canoe & Kayak Club (SCKC). Participants must be a paid in full member of either Mountaineers or SCKC. The bike portion is an event sponsored by Yakima Crimestoppers and requires sign up and fee payment.
<http://www.crimestoppersyakco.org/sitemenu.aspx?P=custom&D=2&ID=700>

EVENT: Flying L Trail Construction #6
DATE: May 16, 2020
TIME: 08:30 PM - 03:30 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Saturday

MEET: Spokane Valley

LEADER(S): Lynn Smith 208-772-4337

Join in the continuing construction of this brand new trail in Spokane Valley's Ponderosa area. We'll begin near the site for the future Phillips Creek Trailhead at the end of Cimmaron Road, and work westward through the recently acquired Flying L Property (part of the Glenrose Unit of Dishman Hills Conservation Area) to eventually connect up with the current Glenrose Trail. When completed, this 2.5 mile addition will be part of an east-west through trail connecting the Ponderosa Area to the Glenrose Trailhead (3701 S. Thierman Road), completed by Spokane County last year. **MEET:** At the site of the future Phillips Creek Trailhead. **BRING:** Wear long pants and sturdy shoes and bring gloves, lunch, water, hard hat and sun or safety glasses, and clothes for the weather. **TOOLS:** Spokane Mountaineers will provide brushing and digging tools as well as safety gear. If you have your own grub hoe or Mcleod bring it along, it will extend our Club gear. **SCHEDULE:** After an initial safety and trail building orientation at the vehicles, we'll take a short hike in carrying our tools to the work site. All necessary tools will be supplied and trail building experience isn't necessary- we train on the job :-). Contact leader as soon as possible so tools and refreshments can be organized. E-mail me or sign up on The Mountaineers web site for updates.

EVENT: Mountain School Outdoor Session #9
DATE: May 17, 2020
TIME: 09:00 AM - 03:00 PM

TYPE: Schools -
DAY: Sunday

MEET: John Shields Park, 5625 E. Upriver Dr., Spokane

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Skills Test We'll break into two groups, 9am – Noon or Noon – 3pm. You will pass through a sequence of stations demonstrating skills learned during the course. Crevasse rescue, glacier travel, belaying, and anchors will all be tested. You will have 35 minutes to complete each station. Bring your full glacier package and all your knowledge.

EVENT: General Membership Meeting - with Jerry White, the Spokane Riverkeeper
TYPE: Clubwide
DATE: May 18, 2020
DAY: Monday
TIME: 07:00 PM - 08:30 PM
MEET: 8304 East Buckeye, Spokane, WA 99212

COST: Free

LEADER(S): Club Vice President 509-590-6822

Join Jerry White, the Spokane River Keeper, to discuss the conservation efforts for the Spokane River. Learn all about our river, its struggle, and how to make an impact.

EVENT: Bike Ride
DATE: May 19, 2020
TIME: 06:00 PM - 08:00 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Green Bluff Loop

LEADER(S): Galen Chamberlain 509-230-1372

Meet at the 100-year-old Colbert Store. If the store hours warrant, we could have a pizza afterwards. We take Yale Rd to Big Meadows Rd, Day Mt Spokane Rd, Green Bluff Rd to Boston Rd to the store. 19 miles RT with one 2mile uphill and some ups and downs. Road, Hybrid and Mt bikes will work. We will leave at 6:00 to get back in time to eat if the store is open late enough.

EVENT: Blue Creek Bay Trail
DATE: May 20, 2020
TIME: 05:50 PM - 08:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Wednesday

LEADER(S): Chris Baldini 509-924-4608 / 993-8971 (c)

Blue Creek Bay Trail is located within the Wallace Forest Conservation Area. A 4mile hike winds thru Ponderosa, Douglas Fir, etc., with views of Blue Creek Bay and Lake Coeur d'Alene. Trails are also used by mountain bikers. Relatively flat, with a couple steep sections. T/H: I-90 to exit 22 (Wolf Lodge Bay exit. Turn north, follow the Yellowstone Trail Rd for about 2 miles; trailhead will be on the righthand side. Questions: Call Chris at 509-993-8971.

EVENT: Antoine Peak
DATE: May 21, 2020
TIME: 06:30 PM - 08:30 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club Mountain Bike Chair (Jeff Mergler) 2019818179

With 360-degree views from its 3,373-foot summit, Antoine Peak consists of 1,076 acres of mountainous terrain on the northern edge of Spokane Valley. We split into different groups based on ability/aerobic capacity. The organizer (Paul) will organize ride leaders based on turnout. All riders must wear a helmet and sign a waiver. No Discover Pass required. Park at the west trailhead located at: 15501 E Brevier Rd, Spokane, WA 99217
<https://goo.gl/maps/bTt3GHdBHTu>

EVENT: Mountain School Outdoor Session #10
DATE: May 22, 2020
TIME: 08:00 AM - 05:30 PM
COST: Free

TYPE: Schools
DAY: Friday

MEET: Jonas Campground AB-93, Jasper, AB ToE 1Eo, Canada

LEADER(S): Martin Newell-Large 509-475-9925, Karen Vielle 509-710-0736

Graduation Climb Friday-Monday, May 22-25. This is your Graduation Climb. Here is where you take what you have learned and put it to the test on Mt. Athabasca (11,453 feet / 3,442 meters / 5,400 ft. of elevation gain). Weather and snow conditions permitting, our objective will be to get you out on the talus slope, through the rock band, across the glacier, up the headwall, along the knife edge, and maybe even standing on the summit. Views of the Canadian Rockies that will take your breath away, or wind that will do the same, may be found in every direction. Drive up on Friday, or earlier if you think it will take longer to adjust to altitude; camp is at 6,000 ft. There will be an acclimatization hike at 10am MDT on Saturday morning. You must check in with the directors no later than 2pm MDT on Saturday. If you do not check in you will not climb. Student meeting will be at 3pm MDT to assign rope teams. We will then get a few hours of sleep and get our alpine start very early Sunday. A Sunday afternoon/evening debriefing and potluck dinner will bring the climb to a close. Monday is reserved for a leisurely drive home and a possible stop at one of the many hot springs along the way. Please note the time change shortly after you enter Canada; everything from Moyie on, including the Columbia Ice fields and local services, are on Mountain Time (1 hour ahead). Plan on park entrance and camping fees on this trip. All posted camping restrictions must be observed at all times.

EVENT: Wenaha-Tucannon Wilderness Graduation Backpack
DATE: May 23, 2020
TIME: 10:00 AM - 05:00 PM

TYPE: Schools
DAY: Saturday

MEET: Panjab Trail

LEADER(S): Sharon Yablon 2088186975

The Wenaha-Tucannon Wilderness is located within the Umatilla National Forest in southeast Washington/northeast Oregon. Participants can plan to car camp at the trailhead the night before or meet us Saturday morning (meet time to be arranged), when we'll backpack in a little over five miles (with roughly 2,000' elevation gain) to a campsite at the intersection of the Panjab and Mount Misery Trail. The wildflowers should be at their peak! We'll set up our camp and can choose to either relax or explore the surrounding area. On Sunday we can take daypacks to explore from our base camp, with options of hiking to the upper reaches of the Rattlesnake Trail, exploring the Mount Misery Trail toward Diamond Peak, or exploring the Mount Misery Trail toward Oregon Butte. The Wenaha is known for its open ridges, fantastic views, spring wildflowers, huge trees, and high potential for wildlife sightings (especially elk!). If you like wild mushrooms, look up good backpacking recipes for morels ahead of this trip, as we're almost certain to find them, especially in the areas affected by the 2015 wildfires. On Monday we will hike out and return home (Continued on next page)

(with an optional lunch/early dinner stop along the way). This trip is organized in conjunction with Backpack School. General membership signups will open after the second week of class if space is available, with preference given to assistant instructors with the school who are willing to help as co-leaders. A Northwest Forest Pass is required to park at the Panjab trailhead.

EVENT: Hangman Valley road bike
DATE: May 26, 2020
TIME: 06:00 PM - 08:00 PM
COST: Free

TYPE: Road Bike
DAY: Tuesday

MEET: Moran Prairie Elementary

LEADER(S): Denise Beardslee 509-981-4123

This ride starts at Moran Elementary school and heads down Baltimore Road down into Hangman Valley where we will then turnaround and return back up the hill. Not quite an out-and-back but almost. Two decent climbs with great scenery. Horrible weather cancels. Questions - call Denise at 509 981-4123

EVENT: Mount Spokane State Park Hike
DATE: May 27, 2020
TIME: 05:40 PM - 09:00 PM
COST: Free

TYPE: Hiking - Day Hike
DAY: Wednesday

MEET: Hairpin Turn parking lot

LEADER(S): Holly Weiler 509-921-8928

Meet at Mount Spokane's hairpin turn to hike the Christmas Tree Loop in late May. We'll watch for late morels and spring flowers. Dog-friendly hike with leash + proper LNT cleanup required. Route is approximately 5.5 miles RT with over 1000' elevation gain (moderate to difficult, depending on one's view). Carry the 10 essentials and be prepared for a steady pace. Discover Pass required for Mount Spokane State Park. We'll return to the cars by dusk.

EVENT: Riverside State Park from Sontag Park
DATE: May 28, 2020
TIME: 06:30 PM - 08:30 PM
COST: Free

TYPE: Mountain Bike
DAY: Thursday

LEADER(S): Club Mountain Bike Chair (Jeff Mergler) 2019818179

EVENT: Medical Lake - Cheney 5 Lakes Loop
DATE: May 30, 2020
TIME: 10:00 AM - 01:00 PM
COST: Free

TYPE: Road Bike
DAY: Saturday

MEET: Medical Lake start

LEADER(S): Lee Windham 509-244-6244

Rolling thru mostly open wheat farm land and passing by 5 area lakes, all paved roads, about 28+ miles with moderate rolling hills

EVENT: Board of Directors and Leaders Meeting
TYPE: Clubwide
DAY: Monday
COST: Free

DATE: June 1, 2020
TIME: 06:00 PM - 07:40 PM

LEADER(S): Club President 509-939-2644

The Spokane Mountaineers Board of Directors meet the first Monday of each month to conduct club business. Committee chairs to report on activity within committees. All club members are welcome to attend and are encouraged to learn and participate.



Hub Lake: Photo Credit Tyler Nyman

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¹ Term ends Fall 2020

² Term ends Fall 2021

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