

# 2021 Backpack School Syllabus

<u>Session</u>	<u>Date</u>	<u>Topic(s)</u>
Class 1	3/25	Introduction, 13 Essentials
Class 2	4/1	Footwear, Clothing
Class 3	4/8	Major Equipment (I) Tents, Sleeping Bags & Pads,
Class 4	4/15	Major Equipment (II) Backpacks & Accessories
Class 5	4/22	Water Purification, Weather
Class 6	4/29	Basic Map & GPS Navigation
Class 7	5/6	Outdoor Etiquette (Leave No Trace), TrailWork
Class 8	5/13	Nutrition, Food Preparation & Planning
Class 9	5/20	Effective Packing, Food Security
Class 10	5/27	Wellness, Safety & First Aid
Class 11	6/3	Wildlife Defense, Emergency Rescue (PLB's)
Class 12	6/10	Trip Planning, Hiking Apps, Virtual Course Conclusion

***\*Dates are set. Subjects/Instructors are subject to change***