

# 2020 Backpack School Class Syllabus

Class Location: Millwood

Class Time: All Indoor Classes 6:30 – 9:00pm

Director: Michael Pinter ([bpschool\\_director1@spokanemountaineers.org](mailto:bpschool_director1@spokanemountaineers.org))

Administrators: Sharon Yablon ([bpschool\\_director2@spokanemountaineers.org](mailto:bpschool_director2@spokanemountaineers.org))

Ryan Yost ([bpschool\\_director3@spokanemountaineers.org](mailto:bpschool_director3@spokanemountaineers.org))

<u>Session</u>	<u>Time/Date</u>	<u>Topic(s)</u>
Indoor Class I	March 27	13 Essentials (C/B), Footwear
Indoor Class II	April 3	Major Equipment (C/B), Clothing (C/B), Water Purification
Indoor Class III	April 10	Weather, Basic Map Navigation
Indoor Class IV	April 17	Outdoor Etiquette, Trip Planning, Effective Packing
<b>Outdoor Session* I</b>	<b>April 18, 10 am</b>	<b>Shakedown I (Day Backpack)</b>
Indoor Class V	April 24	Food Preparation/Planning, Nutrition, Bear Bag
<b>Outdoor Session* II</b>	<b>April 26, 10 am</b>	<b>Shakedown II (Day Backpack)</b>
Indoor Class VI	May 1	First Aid, Bear Spray
Indoor Class VII	May 8	GPS Navigation, Hike Apps, Trip Planning
<b>*Outdoor Session – local hike with backpack, map, and gear skill practice (complete one)</b>		
<b><u>Graduation Requirements</u></b>		
<ul style="list-style-type: none"> <li>• Attend 6 of the 7 indoor classes               <ul style="list-style-type: none"> <li>○ First Aid is mandatory</li> </ul> </li> <li>• Complete one Shakedown Event (highly preferred)</li> <li>• Complete at least 3 training hikes               <ul style="list-style-type: none"> <li>○ Evening day hikes are typically offered on Wednesdays (5:50 pm Apr-Sept)</li> <li>○ Additional hike options are typically on the weekends (snowshoe counts!)</li> </ul> </li> <li>• Completion of at least one two-night or longer graduation backpack trip with the club</li> <li>• Participate in one (full day) trail work activity               <ul style="list-style-type: none"> <li>○ Events can be found at <a href="http://www.spokanemountaineers.org">www.spokanemountaineers.org</a>, WTA, or other organizations and programs</li> </ul> </li> </ul>		
<b>May 22-25 Memorial Weekend Graduation Backpacks (others options TBD)</b>		

Questions? Please contact [bpschool@spokanemountaineers.org](mailto:bpschool@spokanemountaineers.org)